

Personal Informations

- ◆ Surname: **LYKOMITROS**
- ◆ Name : **VASILEIOS**
- ◆ Middle Name : **APOSTOLOS**
- ◆ Marital status: Married to AGNI with which we have two children, Apostolos and Barbara.
- ◆ Date of Birth: 15/06/1963
- ◆ Place of Birth: Athens
- ◆ Contact Information:

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Egnatias 54, Thessaloniki, 1st Floor

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Private Associate of Euromedica General Clinic of Thessaloniki

Marias Kallas 11 & Gravias 2

Tel: 2310895100 / Mob. 6936840840

Education

- ◆ Graduate of the 2nd Lyceum of Volos (1981).
- ◆ Graduate of the [School of Medicine of the National and Kapodistrian University of Athens](#) on 30/10/1989. Degree grade «Very Good»
- ◆ [Specialist Orthopaedic Surgeon](#) following Specialty Exam on 17/07/1998

Doctoral Thesis

- ◆ [Doctor of Medicine of the National and Kapodistrian University of Athens](#), Grade «Excellent»

Successful oral examination on 19/01/2010.

Appointed as a Doctor of Medicine of the National and Kapodistrian University of Athens on 24/03/2010.

[Doctoral Thesis Topic](#) «Effect of Calcitonin on Geometric Features, Bone Density and Mechanical Strength on Healthy Adolescents (Developing) Male Rats' Bones»

Working Experience

- ◆ [Medical Practice Licence](#): 15/11/1989
- ◆ I served my military service as a Reservist Not Specialist Hoplite of Sanitation from 20/11/1989 until 20/05/1991.

- ◆ **Rural Service:** Euangelismos Elassonas - Center of Health of Elassona from 07/12/1990 til 06/12/1991.
- ◆ I served as a Resident Doctor of General Surgery for 1 year at **Achillopouleio General Hospital of Volos** (from 18/03/1992 to 27/07/1993) under the supervision of Mr. Vardoulis I. (FRCS, PhD) as a part of Orthopaedic Training.
- ◆ I served as Resident Orthopaedic Doctor in the **Department of Pediatric Orthopaedics of the General Hospital KAT Athens** under the Direction of Mr. S. Voutsinas (MD. PhD) for 6 months (from 08/09/1993 until 17/01/1994) as a part of training in the Orthopaedic Specialty.
- ◆ I Served as Resident Orthopaedic Doctor in the **University Orthopaedic Department of the General Hospital KAT Athens** from 18/01/1994 until 30/09/1997 to train myself and finish my Specialization in the Orthopaedic Specialty.
During the first two years (1993-1995) I was a trained under the supervision of Prof. G. Chartofylakidis while in the period 1995-1998 under the supervision of Prof. Th Pantazopoulos
- ◆ During the semester 8/9/96- 7/3/97 I served as Resident in **Neurosurgery Department of KAT General Hospital** headed by Mr. Anagnostopoulos D. (semester of Neurosurgery as part of the specialization in Orthopaedics)
During the last semester (8/03/97-7/09/97) I served as Resident in **Thoracic Surgery Department of KAT General Hospital** headed by Mr. Trambaklo Ath. (semester of Thoracic Surgery as part of the specialization in Orthopaedics)
- ◆ During my stay at the **University Orthopaedic Department of the General Hospital KAT Athens,** between all my other tasks, I showed particular interest in the biennium 1995-1997 for hip surgery (Total Hip Arthroplasty, Revision Hip Replacement, Acetabular Fractures) headed by Prof. Stamos and then for spine surgery (cervical spine, back pain) under the direction of Associate Professor M. Korres and the correction of Spinal Deformities (Scoliosis, Thoracic Spine) under the supervision of Associate Professor Mr Sapkas G.
- ◆ From 21/6/1998- 21/06/1999 I was **Research Fellow of the University Orthopaedic Department, General Hospital KAT.** My main Area of Expertise was the Spine, under the supervision of Prof. Pantazopoulos J.

- ◆ I was a [Fellow of the Athens Medical Center, Clinic of Sports Medicine and Arthroscopic Knee Surgery](#) under the Direction of Mr. Nikolaou (MD, PhD) for the period 1993-1995.
- ◆ From 1990 - 1996 I served as [Physician of Greek Rowing Federation](#). During my tenure I was the responsible physician for all National and Olympic Teams, directing scientific medical team consisted of Pulmonologist, Cardiologist, Exercise Physiologist and a Dietician.
- ◆ I Served as [Head of Numerous Medical Services](#). I mention indicatively :
 - Ioannina, Mediterranean Rowing Games, 1991
 - Ioannina, World Rowing Junior Championships, 1995
 - Poseidon, Natatory Group of Ilision, 1996-2000
 - Athletic Natatory Group of Chalkida, 1998-2000
 - Greek Football Federation, 1998-2000
- ◆ During the period 2001-2004 I worked as an [Orthopaedic Surgeon in Athens](#)
- ◆ I participated in the [28th Olympiad](#) held in Athens (13-29 August 2004) as [Director of Competitive Sector of Rowing](#)
- ◆ On 11/10/2004 I sworn as **probationer officials** of the **Ministry of Health**
- ◆ From 20/10/2004 to 04/03/2005 I served as [Chief Physician / Chief of the Medical Service of the National Transplant Organization in Athens](#).
- ◆ Between 2005-8 I served as [Consultant Orthopaedic Surgeon](#) in 3rd Ortopaedic Department of A.U.Th. in the [General Papageorgiou Hospital of Thessaloniki](#)
- ◆ Between 2008-2010 I served as Physician to the Health Directorate, Ministry of Health, Athens
- ◆ During the period 2010 - September 2013 I served as [Consultant Orthopaedic Surgeon in the Orthopaedic Clinic of the General Hospital of Thessaloniki Hippokration](#)

- ◆ Since 2013 I have been working as a Private Associate Orthopaedic Surgeon in [General Clinical Euromedica Thessaloniki](#)
- ◆ Fellow of the 3rd Ortopaedic Department of A.U.Th. in the General Papageorgiou Hospital of Thessaloniki

Postgraduate training

- ◆ Postgraduate Training of two weeks as a First Surgical Assistant beside [Mr.C.Mazel at the Montsouris Hospital of Paris](#) (17/04/1997-23/04/1997)(L'Institut Mutualiste Montsouris / Department De Chirurgie Orthopedique et Traumatologique)

- ◆ [1998 European Spine Fellowship / ESDS](#) (European Spine Society /European Spinal Deformities Society) [Travelling Fellowship](#)

During my two-month Fellowship I visited numerous International Spine Centers in France (Lyon, Nancy, Paris), in Britain (Southampton, Oxford, London), in Sweden (Malmoe), Denmark (Aarhus) and in Italy (Bologna, Genova , Milan) attending fully their clinical and research work and giving lectures on the Degenerative Scoliosis.

- ◆ [Postgraduate Spinal Training in Spine Unit, University of Manchester \(UK\).](#)

During my stay in [England \(01/2000- 07/2001\)](#) I worked following interview (short list 16 fellows) as Spinal Fellow (6th Year Specialist Registrar) at the Hospitals : [Royal Manchester Children's Hospital / Spinal Unit, Hope Hospital and Bupa Hospital under the guidance of Professor Prof. C.S.B. Galasko and Mr. Raymond Ross, Brad Williamson and Jonathan Spilsbury.](#)

I was trained in [Spinal Children Surgery](#) (Diagnosis, Clinical Evaluation, Surgical Treatment-Rehabilitation and Postoperative Follow of Patients with Benign and Malignant diseases of the spine) [as Senior Registrar of the Royal Manchester Children's Hospital](#) / Spinal Unit in Central Manchester and Manchester Children's University Hospital under the supervision of JB Spilsbury / Consultant Orthopaedic Surgeon.

Sports / Rowing / Honors

1. [Seoul Olympic Games \(1998\) 10th Place in Coxless Four \(Epikopos\)](#)

Congratulations Telegrams from the Olympic Committee for Ethics and Character during Parliamentary Coaches and Games.
Chief of the Greek Olympic Rowing Team at the Olympic Games in Seoul.

2. [World Champion of Rowing](#)

Bronze Medal Belgium 1980/ Teen's Coxed Pair (Epikopos)

Bronze Medal Bulgaria 1981/ Teen's Coxed Pair (Epikopos)

Fifth Rank, Italy 1983 / Junior Men Octuple (Epikopos)

3. Balkan Champion of Rowing

Five Gold Metals

Two Silver Metals

Four Bronze Metals

4. Greek Champion of Rowing

17 Gold Metals

6 Silver Metals

8 Bronze Metals

5. Leader of the National Rowing Team for Ten Years

6. Nautical Club of Volos and Argonauts (NOB-A)

Foreign Languages

- ◆ English - (Lower Cambridge Certificate)
- ◆ French -(School Classes)

Professional Memebrrship

Scientific Societies

- ◆ **Member of the « British Scoliosis Society, BSS » (1999) and GMC (General Medical Council, U.K.)**
- ◆ **Member of the Eurospine. The Spine Society Europe/ Membership Comitte of EuroSpine since 2013**
- ◆ **Member of the European Spine Society AO/ Silver member of AO Spine Europe**
- ◆ **Member of the «American College of Sports Medicine (ACSM) » 1991**

- ◆ **Member** of the « European Society of Sports Traumatology Knee Surgery and Arthroscopy (ESSKA) » (1999)
- ◆ **Member** of the «Hellenic Society of Orthopaedic Surgeons and Traumatology» (1996).
- ◆ **Founding Member** of the «Hellenic Institution of Osteoporosis (HELIOS) » (1996)
- ◆ **Member** of the «Hellenic Society of Bone Metabolism » (1996)
- ◆ **Founding Member** of the « Department of Inflammation of the Hellenic Society of Orthopaedic Surgeons and Traumatology ».(1996)
- ◆ **Member** of the « International Organization of Sports Medicine (FIMS) » (1996)

Seminars' Organizing Committees

- ◆ Member of the Organizing Committee of the Seminar with International participation on «Treatment of long Bone Fractures with Locking Intramedullary Nailing», Greek College of Orthopaedic Surgeons , Athens, 23-24/06/1995
- ◆ Member of the Organizing Committee of the «3rd International Conference on Nutrition and Fitness» , Convention Center for Genetics, Nutrition and Health- OAKA - ,Athens , 24-27/05 /1996
- ◆ Member of the Organizing Committee of the 4th Panhellenic Congress of Metabolic Bone Diseases, Hellenic Society of Bone Metabolism, Hotel Hilton, Athens 12-14/12/1996
- ◆ Member of the Organizing Committee of the 4th Seminar on «Biomechanical Analysis of Spine», Orthopaedic Department University of Athens, Amphitheater «P. Konialidis» , Athens , 1-2/04/1997
- ◆ Member of the Organizing Committee of the 5th Seminar on "Biomechanics of the Spine" , Hellenic Society of Orthopaedic Surgeons and Traumatology – Greek College of Orthopaedic Surgeons ,Amphitheater «P. Konialidis», Athens, 4-5/04/1998
- ◆ Member of the Organizing Committee of the 1st Combined Conference on "Current Developments in Orthopaedics and Traumatology" Orthopaedic Clinic of the University of Athens,

Department of Orthopaedic MAYO CLINIC, USA., Athens, 22-24/05/1998

- ◆ Member of the Organizing Committee of the 13th Inter-University Seminar on Osteosynthesis, Amphitheater of G.H. Papageorgiou, Thessaloniki, 11-13 /03/2005.
- ◆ Member of the Organizing Committee of the Seminar on «New Horizons in Osteoarthritis Treatment», 3rd Orthopaedic Department of A.U.Th. ,Hyatt Regency Hotel , Thessaloniki , 17-18 /02/ 2006
- ◆ Member of the Organizing Committee of the Scientific Meeting on «Peripheral Nerve Entrapment Syndromes» Amphitheater of General Hospital Papageorgiou ,Thessaloniki 25/11/2006
- ◆ Member of the Organizing Committee of the 2nd Seminar «Advances in the Treatment of Osteoarthritis» ,Hotel Hayat Regency, Thessaloniki , 9-11/03/ 2007
- ◆ Member of the Organizing Committee of the 8th Seminar on Osteoporosis and Metabolic Bone Disease, «Vertebral Fractures-Treatment», HELIOS , Grand Hotel Palace ,Thessaloniki , 8-10 /06/2007
- ◆ Board Member of the 1st Panhellenic Spinal Congress , Hotel Astir Palace Resort, Athens , 20-23/09/2007
- ◆ Member of the Organizing Committee of the 3rd Seminar «Advances in the Treatment of Osteoarthritis», Hotel Hyatt Regency , Thessaloniki, 20-22 /03/ 2008
- ◆ Member of the Organizing Committee of the 34th Annual Conference "N.Giannestras-P.Smyrnis", Agia Pelagia, 12-15/06/2008
- ◆ Board Member and Member of the Regional Organizing Committee of the 2nd Panhellenic Spinal Congress , Sani Beach Hotel , Chalcidice , 25-27 /10/2008
- ◆ Member of the Scientific Committee of the 3rd International Symposium on “Advances in Spinal Surgery/Lumbar Degenerative Disc Disease Course with Cadaveric Workshop”, Conventional Center of University of Ioannina , Ioannina , 5-8/02/2009
- ◆ Member of the Organizing Committee of the 4th Seminar «Advances in the Treatment of Osteoarthritis», Hotel Hayat Regency , Thessaloniki 2-4/04/ 2009
- ◆ Member of the Organizing Committee of the International Congress «World Spine V and World Spine 2010/hands on course» , Santorini, 7-9/05/2010

- ◆ Member of the Scientific Committee of the 68th Panhellenic Orthopaedic Congress , Hotel Divani Caravel , Athens 3-6/10/2012
- ◆ Member of the Scientific Committee of the 6th Panhellenic Spinal Congress , Hotel DuLac , Ιωάννινα , 25-28/10/2012
- ◆ Member of the Scientific Committee of the Seminar “Clinical Applications in Diagnosis and Treatment of Osteoporosis”, HELIOS, Hotel Capsis, Thessaloniki, 15-16 /12/2012
- ◆ Member of the Scientific Committee of the 32th Annual Congress of Orthopaedic and Traumatology Association of Macedonia and Thrace with international participation, Grand Hotel Palace, Thessaloniki , 9-11/05/2013
- ◆ Member of the Organizing Committee of the Anniversary Conference "What's new in Osteoarthritis and Osteoporosis" Cultural Educational Center "Z and Ch.Krassas» ,Thessaloniki 23-25/05/2013
- ◆ Member of the Organizing Committee of the 38th Annual Conference "N.Giannestras-P.Smyrnis", Hotel Domotel Xenia , Volos , 6-8/12/2013
- ◆ Member of the Scientific Committee of the 33th Annual Congress of Orthopaedic and Traumatology Association of Macedonia and Thrace , Hotel Macedonia Palace , Thessaloniki , 24-27/04/2014

Scholarships

- ◆ Scholarship of the General Secretariat of Sports
High School Student: Period 1979 - 1981 (2nd Lyceum of Volos Student and Amateur Athlete)
University Student: Period 1981 - 1985 (Student of the Medical School of University of Athens and Amateur Athlete. I Resided in the Facilities of the Olympic Athletic Center of Athens)
- ◆ 1998 European Scholarship in Spine (European Spine Society /European Spinal Deformities Society) Travelling Fellowship

Teaching

- ◆ Responsible for the Education and Teaching of Foreign Students / General Hospital KAT from 3/7 to 4/8/96
- ◆ Participation as Orthopaedic Resident Doctor in the Teaching of Undergraduate Elective Course of 9th-12th Semester of the School of Medicine in University of Athens "Surgery of the Hand-Microsurgery" for the Academic Years 1996-1997 and 1997 to 1998. Coordinator Prof.

Assoc. Prof. Em. Fragkiadakis. Participation in the two-hour course on: "Biomechanical Analysis of the Elbow."

- ◆ Training Responsible with Prof. G. Sapkas in the Training Program Seminar on "Problems in Spinal Surgery" Spine Center, Orthopaedic University Hospital. KAT, 27-31/01 / 1997
- ◆ Trainer / Instructor at the 3rd Seminar of Spinal Biomechanics on :
A. Systems and Methods for Spinal Stabilization
B. Effect of Spinal Fusion on the Vertebral Column
Amphitheater of Hellenic Society of Orthopaedic Surgeons and Traumatology , 2-3/ 04/1996
- ◆ Participation in the Education of the European Vertebral Column Scholarships (Spine Society of Europe Travelling Fellows) during their visit to General Hospital KAT , 27-30/1/1999
- ◆ Instructor of the Course "Functional Anatomy" in Greek and English Language, College of Sport Sciences, Athens, (Under the Supervision of the University of Newcastle at Northumbria, UK)
- ◆ Participation as Spinal Fellow (Year 6 + Specialist Reg) in the Educational Program of the Northwest Orthopaedic Training Programme for the Academic Year 2000-2001, North Western Deanery, Hospital HOPE (SALFORD), A basic Educational Foundation School of Medicine, University of MANCHESTER.
Participation with Teaching of Two hours every other Friday for medical students of the 4th Year and two hours each month for orthopedic trainees (Registrar)
- ◆ Trainer in a Workshop on "Osteosynthesis of the Lumbar Spine Using Transpendicular Screws / Posterior Spinal Systems / Posterior fusion using Azur System" in the 13th intraUniversity Osteosynthesis Seminar , G.H. Papageorgiou , Thessaloniki 11-13 Μαρτίου 2005
- ◆ Instructor in Surgical Techniques in Manikins during the 1st International Symposium «Advances in Spinal Surgery» ,Faia Center, Goulandris Natural History Museum , Athens, 16-19/11/2006
- ◆ Instructor in Clinical Seminar of the Medronic Company on «Fresh Animal Cadavers» during the 33th Annual Conference "N.Giannestras-P.Smyrnis", Hotel Royal Myconian, Ελλάς Μυκόνου 24-27/05/2007
- ◆ Instructor in Clinical Seminar of the Synthes Company during the 33th Annual Conference "N.Giannestras-P.Smyrnis", Hotel Royal Myconian, Ελλάς Μυκόνου 24-27/05/2007

- ◆ Instructor in Educational Seminars of the Orthopaedic and Traumatology Association of Macedonia and Thrace_during 2007-2008 on «Kyphoplasty»
- ◆ Instructor in Cadaveric Workshop on « [Intervertebral Prostheses B-Twin](#)» in the 34th Annual Conference "N.Giannestras-P.Smyrnis", Agia Pelagia, 12-15/06/2008
- ◆ Instructor in a workshop of the 2nd International Symposium of Kyphoplasty "State of the Art", Hotel Divani Apollon Kavouri,Athens ,24/01/2009
- ◆ Instructor in a [Workshop of MIS Surgery on: «Transcutaneous Lumbar Fixation»](#) , 3rd International Symposium «Advances in Spinal Surgery,Lumbar Degenerative Disc Disease Course with Cadaveric Workshop», Conventional Center of University of Ioannina, Ioannina , 5-8/02/2009
- ◆ Instructor in Cadaveric Workshop on «[Dorsal Lumbar and Lumbosacral Instrumentation](#)», Karachispine2011, World Spinal Column Society and Pakistan Society of Neurosurgeons, Liaquat National Hospital and Medical College, Karachi, 3-5/02/2011
- ◆ Coordinator Instructor in a Clinical Workshop on Lumbar Spine during the 37th Annual Conference "N.Giannestras-P.Smyrnis", Amphitheater OTE Academy , 9-10/06/2011
- ◆ Teacher in the Educational Programm of the "Pediatric Nursing / General Pediatric Surgery" during the Academic Year 2011-2012 - Teaching two two-hour Lectures on "Spondylolisthesis" and "Scoliosis"
- ◆ From 2012 Iam a Lecturer in the Educational Programme of the Department of Vocational Postgraduate Staffers, School of Further Education and Training of Northern Greece Police Academy.
- ◆ Instructor in tutorial courses on "Osteoporotic Vertebral Fractures-Theory and Application Techniques in Vertebroplasty and Kyphoplasty on Manikins" during the seminar "Advanced Topics in the Diagnosis and Treatment of Osteoporosis," Hotel Crowne Plaza Athens City Centre, 17-18/02/2012
- ◆ Coordinator Instructor in [Kyphoplasty workshop](#) during the 68th Panhellenic Orthopaedic Congress , Hotel Divani Caravel , Athens 3-6/10/2012
- ◆ Instructor in the 1st Seminar «Laparoscopic - Thoracoscopic and Open Abdominal Surgery - Chest -Spinal - Hip and Plastic Surgery» Anatomy AUTH, 18-20/01/2013

Recognition/Acknowledgment

- [Reviewer of the Journal Acta Orthopaedica and Traumatologica Helenica \(2013\)](#)
- [Chairman](#) at Free Papers Session in the 31th Annual Conference "N.Giannestras-P.Smyrnis", Department of Spinal Disorders of the Hellenic Society of Orthopaedic Surgeons and Traumatology, Xania, Crete, 27-30/10/2005
- [Chairman](#) in Roundtable in the 2nd Seminar «Advances in the Treatment of Osteoarthritis», Hayat Regency Hotel , Thessaloniki 9-11/03/ 2007
- [Chairman](#) in Free Papers Session on «Surgical Treatment of Deformities» in the 34th Annual Conference "N.Giannestras-P.Smyrnis", Agia Pelagia 12-15/06/2008
- [Chairman](#) in Roundtable in the 20th Regional Seminar of Continuous Orthopaedic Training in Eastern Macedonia and Thrace , Convention Center of Municipality of Kilkis , 19-20 /09/2008
- [Chairman](#) in Roundtable on « Herniated Thoracic Intervertebral Discs » in the 2nd Panhellenic Spinal Congress , Sani Beach Hotel ,Chalcidice , 25-27 /10/2008
- [Chairman](#) in Free Papers Session in the 35th Annual Conference "N.Giannestras-P.Smyrnis", Department of Spinal Disorders of the Hellenic Society of Orthopaedic Surgeons and Traumatology, Dion Palace , Olympia Hotel , Platamonas , 11-14/06/2009
- [Reviewer](#) of research protocols submitted to Hellenic Society of Orthopaedic Surgeons and Traumatology in 2009-2010
- [Chairman](#) in Roundtable in the 22th Annual Symposium of Orthopaedic Oncology, Poros , 2-3/07/2009
- [Chairman](#) in Roundtable on “Treatment of Vertebral Compression Fractures» in the «World Spine V and World Spine 2010 Congress, hands on course» World Spinal Column Society , Santorini, Greece , 7-9 /05/2010
- [Chairman](#) in Free Papers Session in the 36th Annual Conference "N.Giannestras-P.Smyrnis", Department of Spinal Disorders of the Hellenic Society of Orthopaedic Surgeons and Traumatology, Pylos Messinia , 20-24/05/2010

- [Chairman](#) to Lecture by Stefano Boriani /Stegfano Bandiera on «Bone Tumors of the Cervical Spine : Peculiarities in Diagnosis , Staging , Treatment» in the 26th Annual Congress of the European Section of the Cervical Spine Research Society , 26-29/05/2010, Corfu Island, Greece
- [Chairman](#) in Free Papers Session in the 4th Panhellenic Spinal Congress, Hotel Valis Resort, Volos , 27-30/10/2010
- [Chairman](#) in Free Papers Session in the 37th Annual Conference "N.Giannestras-P.Smyrnis", Department of Spinal Disorders of the Hellenic Society of Orthopaedic Surgeons and Traumatology, Amphitheater OTE Academy , 9-10/06/2011
- [Chairman](#) in Roundtable on «Cooperation in the Treatment of Pathological Vertebral Fractures in Patients suffering from Cancer» in the 33th Annual Congress of Orthopaedic and Traumatology Association of Macedonia and Thrace, Hotel Macedonia Palace , 24-27/04/2012
- [Chairman](#) in e-poster session in the 6th Panhellenic Spinal Congress , Hotel DuLac , Ioannina , 25-28/10/2012
- [Chairman](#) in Tutorial Lesson entitled "Orthopaedic Treatment of Patients suffering from Osteoporotic Fractures" in the Seminar on "Clinical Applications in Diagnosis and Treatment of Osteoporosis," HELIOS, Capsis Hotel, 15-16 /12/2012
- [Chairman](#) in Roundtable on «Osteoarthritis/ Other Types of Osteoarthritis» in the Anniversary Conference "What's New in Osteoarthritis and Osteoporosis" Cultural Educational Center "Z and Ch.Krassas», 23-25/05/2013

**Publications in
International
Journals in full Text**

1. Old Injuries of the Lower Cervical Spine Treated Surgically.

D.S. Korres, P. Nikiforides, G. Babis, C. Vlachou, **V. Lykomitros**, A. Andreakos

Journal of Spinal Disorders, 1995; (8): 509-515, discussion 499
{Editorial Comment by Thomas Ducker MD (Editor)}

2. Fracture-Separation of the Articular Pillar of Lower Cervical Spine

- D.S. Korres, P. Nikiforides, A. Zoubos, G. Babis, J. Tsarouchas, **V. Lykomitros**.
Acta Orthopaedica Scandinavica Suppl. 1997; (68):275
3. [The Significance of Rotation in Fracture-Separation of the Articular Pillar of a Lower Cervical Vertebra. A Clinical and Cadaveric study.](#)
Korres DS, Nikiforidis P, Papandreou N, Zoubos AB, Babis GC, Tsarouchas I, **Lykomitros V**
Acta Orthop Scand Suppl. 1997 Oct; 275:17-20.
 4. [Spontaneous Interbody Fusion after Controlled Injuries to the Spine. An Experimental Study in Rabbits.](#)
D.S. Korres, G. Babis, E. Paraskevaki, K. Stamos, J. Tsarouchas, **V. Lykomitros**.
Journal of Spinal Disorders. 2000 Feb; 13 (1): 31-35
 5. [Arterial Complications Following Anterior Lumbar Interbody Fusion: Report of Eight Cases](#)
Kulkarni SS, Lowery GL, Ross RE, Ravi Sankar K, **Lykomitros V**.
Eur Spine J. 2003 Feb;12(1):48-54. Epub 2002 Nov 1.
 6. [Structural Properties of the Axis Studied in Cadaveric Specimens](#)
D.S. Korres, Th. Karahalios, N. Roidis, **V. Lykomitros**, Ch. A. Spiliopoulou, G. Lyritis.
Clinical Orthopaedics and Related Research, 2004 Jan ;(418):134-40.
 7. [Management of Traumatic Sacral Fractures: a Retrospective Case-Series Study and Review of the Literature.](#)
Lykomitros VA, Papavasiliou KA, Alzeer ZM, Sayegh FE, Kirkos JM, Kapetanios GA.
Injury. 2010 Mar;41(3):266-72. doi: 10.1016/j.injury.2009.09.008.
Review
 8. [Percutaneous Anterolateral Balloon Kyphoplasty for Metastatic lytic Lesions of the Cervical Spine.](#)
Lykomitros V, Anagnostidis KS, Alzeer Z, Kapetanios GA.
Eur Spine J. 2010 Nov;19(11):1948-52. doi: 10.1007/s00586-010-1465-z. Epub 2010 May 25

Publications in
International
Journals as
Supplements

1. **Risk Factors for the Evolution of Adult Degenerative Scoliosis.**

V.Lykomitros, G. Sapkas, Z. Kostas, D. Korres, J. Spilsbury.
JBJS (BR) 1998, Vol. 80-B, SUPP. II, British Scoliosis Society.

2. **Densitometric, Structural and Mechanical Properties of the Dens of the Axis Recorded from P-QCT Studies.**

Lykomitros V., Karachalios Th., Korres D., Roidis N., Manavi P.
JBJS (BR) 1999, Vol. 81-B, SUPP. II, EFORT.

3. **The Treatment of Thoracic and Lumbar Fractures by Anterior Decompression and Stabilisation with the Moss Cage and Kaneda Device**

V. Lykomitros, J.B. Williamson, J.B. Spilsbury, R.R.S. Ross

J Bone Joint Surg Br 2003 vol. 85-B no. SUPP III 199

4. **Biomaterial Injection under Local Anesthesia in a case of Spinal Compression Fracture.**

Lycomitros V., Konstaninidis A., Anagnostides Kl., Potoupnis M., Kapetanos G.

17th Interdisciplinary Research Conference on Biomaterials. Injectable and Implantable Biomaterials and Biologics for Tissue Regeneration, Volume 13 , St Catherine's College, Oxford,UK. Tissue Engineering 2007, pages 1367-1392

Publications in Greek
Journals in Full Text

1. **Former Cervical Spine Injuries**

Korres D., Toursitzoglou S. , E. **Lykopmitros V.**, Chronopoulos , Triantafyllidis P.
Acta Orthopaedica Hellenica 1994, 45(4): 201-205.

2. **Weight Training for Children**

Lykomitros V.

Info Orthopaedics and Traumatology , Issue 5, Ιαν- Φεβ/1997

3. Explosive Fracture-Dislocation of the A7 Vertebra Treated Conservatively. A Case with Long Follow-up.

Korres D.S., Nikolaou B.S, Lykomitros V., Andreakos G.A, Lazarettos I, Chytas D.G., Eustathopoulos N.
Acta Orthopaedica Hellenica 2013 ;(64) :3:102-105

Publications in Greek Journals as Supplements

1. Acceptance of Boston Brace Treatment and its Effect on the Life of Children with Idiopathic Scoliosis.

Potoupnis M., Kenanidis E., Lykomitros V., Kyrkos I., Kapetanios G.
Orthopaedics 2005; 18(2):91

Writing of Scientific Book Chapters

1. G.Monachos «Rowing»

Ministry of National Education, Ministry of Culture, 1994-1995 / National Committee of Athletic Schools, General Secretariat of Sports
Medical Editing Lykomitros V. pages. 45-58

2. Assoc. Prof. Korres D. «Cervical Spine Injuries»

Publications Litsas Athens 2000.
Chapter: Biomechanical Analysis of Movements
D. Korres - V.Lykomitros, pages. 83-89

3. D.G. Poitout. «Bone Metastases, Medical,Surgical and Radiological Treatment»

Springer G.B. 2002

Chapter 12, The Treatment of Secondary Spinal Tumours, page 124

Anterior Vertebrectomy, insertion of Moss cage and Kaneda device for the treatment of vertebral metastases.

V.Lykomitros, J. Spilsbury, B. Williamson, R. Ross, Prof. C.S.B. Galasko

Free Announcements in International Congresses

1. Iliadis Ch., Foroulis ,Lioupis A., Lycomitros V., Mayrogianis L., Vardoulis I.
«Cancer of the Head of Pancreas»

Balkan Surgical Congress, University of Ioannina, June 1993

2. Korres D.S., Nikiforides P., Lycomytros V., Andreakos A.
«Surgical Treatment of Old Injuries of the Cervical Spine»
 4th Common Meeting of the Cervical Spine Serearch Society,
 Roma Italia, 29/06-02/07/1994
3. Korres D.S., Triantafyllidis P., Lycomitros V., Chronopoulos E.,
 Nikandrou G.
«Spine Tumor Mimiking Protruded Disk»
 International Meeting «Spinal Stenosis and Instability of the
 Lumbar Spine», Bremen, 16-17/ 09/1994
4. **«Fracture-dislocations of the Cervical Articular processes of
 the Cervical Spine»**
 12th Annual Meeting of Cervical Spine, Cervical Spine Research
 Society, Nice, France, 5-7 /06/1998
5. Korres D., Lycomytros V., Chronopoulos N., Roidis G., Koudis
 G., Tzagarakis G.
**«Fractures of the Odontoid Process Treated Conservatively
 .Analysis of 69 Cases. Complications and Outcome».**
 XIIIth Annual Meeting of the Cervical Spine Research Society,
 Burgenstock Estate, Switzerland, 26-28/06/1997
6. Sapkas G., Katonis P., Rologis D.,Tzanis Sp., Kyratzoulis I.,
Lycomitros V. Kontakis G.
**«Surgical Treatment of Malignant Neoplasms of the
 Vertebral Column. Indications and Treatment»**
 1st Balkan Congress of Orthopaedics, Thessaloniki 8-11/10/1997
7. Lycomytros VA, Sapkas G, Zachariou K, Korres D, Spilsbury J.
**«Risk Factors for the Evolution of Adult Degenerative
 Scoliosis»**
 23rd Annual Meeting of British Scoliosis Society, Rougemont Hotel
 Exeter 25-27/03/1998
8. Karachalios Th., Provatidis Ch., Marossi Ts, Lykomitros V.,
 Malizos K.N.
«A Biomechanical Study of Calcaneal Fractures Fixation»
 5th Congress of the European Federation of National Associations
 of Orthopaedics and Traumatology (EFORT), Rhodes Palace
 Capsis, Rhodes Greece, 3-7/06/2001
9. Lycomitros V., Spilsbury J., Wiliamson B., Ross R.

«The Treatment of Thoracic and Lumbar Fractures by Anterior Decompression and Stabilization with the Moss Cage and Caneda Device»

5th Congress of the European Federation of National Associations of Orthopaedics and Traumatology (EFORT), Rhodes Palace Capsis, Rhodes Greece, 3-7/06/2001

10. **Lycomitros V.**, Anagnostides Kl., Potoupnis M., Kapetanos G
“Local Anaesthesia Balloon Kyphoplasty in the Treatment of Osteoporotic Vertebral Fractures”

5th ISMNI International Workshop combined with the 11th HELIOS International Seminar, Porto Heli, Hotel AKS, 28-30/09-01/10/2006

11. **Lycomitros V.**, Konstaninidis A., Anagnostides Kl. Potoupnis M., Kapetanos G.

«Biomaterial Injection under Local Anesthesia in a Case of Spinal Compression Fracture»

17th Interdisciplinary Research Conference on Biomaterials. Injectable and Implantable Biomaterials and Biologics for Tissue Regeneration, St Catherine's College, Oxford, UK 01-03/04/2007

12. **Lycomitros V.**, Anagnostides Kl. Konstaninidis A., Tsona A., Kapetanos G.

«Diagnosis and Therapeutic Management of Spondylodiscitis Patients»

26th Congress of the European Bone and Joint Infection Society, Corfu Imperial Hotel, Corfu Island, 20-22/09/2007

13. **Lykomitros V.**, Al Zeer Z., Bogdanis K., Konstantinidis K., Anagnostidis Kl., Kapetanos G.

«Kyphoplasty Under Local Anesthesia and Teriparatide Treatment. Superior Safety and Effectiveness»

Spinal Deformity: Current Concepts. Scoliosis Research Society World Wide Program, New Delhi, India, 2-4/10/2008

**Free Announcements
in Greek
Congresses**

1. **Lykomitros V.**, Karagianidis V.
«Comparative Study of Haemostasis Time Among Hemostatic Cotton «EMOSTAT" and the Common Cotton in Patients with External Wounds»

8th Panhellenic Pharmaceutical Congress with international participation, Hotel Divani Caravel, Athens, 5-7 /10/ 1996

2. Gkialas G., Mpadekas A, Chronopoulos E., Stathakopoulos D, Lykomitros V., Tagaris G , Korres D.
«Double Level Spinal Injury»
«Surgical Treatment of Spinal Tumors»
 16th Armed Forces Medical Conference. Thessaloniki 9 - 12 / 10, 1996.
3. Potoupnis M., Kenanidis E., Lykomitros V., Kyrkos I., Kapetanios G.
« The Effect of Boston Brace Application on the Quality of Life of Children suffering from Idiopathic Scoliosis».
 10th Annual Panhellenic Symposium of the Department of Pediatric Orthopaedics of the Hellenic Society of Orthopaedic Surgeons and Traumatology, Litochoro Pieria, 27-29/05/2005
4. Polychronidou G., Tsaxouridou O, Tsetine., Charalambidou A., Anagnostidis K., Lykomitros V., Kapetanios G.
«Treatment of Sacral Fractures with Neurologic Deficit and Associated Pelvic Injuries»
 12th Scientific Conference of Medical Students of Greece, Larissa, 5-7 /05/2006
5. Lykomitros V., Anagnostidis K, Neofytou D., Potoupnis M., Kyrkos I, Kapetanios G.
«Surgical Treatment of Primary and Metastatic Spinal Tumors in Patients with Neurologic Deficit»
 32th Annual Conference "N.Giannestras-P.Smyrnis", Department of Spinal Disorders of the Hellenic Society of Orthopaedic Surgeons and Traumatology, Loutra Kyllinis,, 1-4 /06/ 2006
6. Lykomitros V., Anagnostidis K, Neofytou D., Potoupnis M., Kapetanios G
«Premature Results of Kyphoplasty with Local Anesthesia in Osteoporotic Spinal Fractures and Atypical Indications»
 32th Annual Conference "N.Giannestras-P.Smyrnis", Department of Spinal Disorders of the Hellenic Society of Orthopaedic Surgeons and Traumatology, Loutra Kyllinis,, 1-4 /06/ 2006
7. Lykomitros V., Anagnostidis K, Neofytou D., Potoupnis M., Kapetanios G
«Early Results of Kyphoplasty with Local Anesthesia»
 62th Panhellenic Orthopaedic Congress with international participation, Hellenic Society of Orthopaedic Surgeons and Traumatology, Hotel Hilton, Athens 3-7/10/2006
8. Lykomitros V., Anagnostidis K, Konstantinidis A., Tsona A, Potoupnis M., Kapetanios G
«Spondylodiskitis: A Diagnostic and Therapeutic Approach»

1st Panhellenic Spinal Congress, Astir Palace Resort Athens, 20-23/09/2007

9. **Lykomitros V.**, Anagnostidis K, Konstantinidis A., Potoupnis M., Kapetanios G
«Kyphoplasty under Local Anesthesia: Safety and Effectiveness of Method»
 1st Panhellenic Spinal Congress, Astir Palace Resort Athens, 20-23/09/2007

10. **Lykomitros V.**, Anagnostidis K, Konstantinidis A., Kyrkos I., Kapetanios G
«Surgical Treatment of Patients suffering from Spinal Tumors and Neurologic Deficit»
 1st Panhellenic Spinal Congress, Astir Palace Resort Athens , 20-23/09/2007

11. **Lykomitros V.**, Anagnostidis K, Konstantinidis A., Tsona A, Potoupnis M., Kapetanios G
«Spondylodiskitis: A Diagnostic and Therapeutic Challenge
 63th Panhellenic Orthopaedic Congress Hellenic Society of Orthopaedic Surgeons and Traumatology, Hotel Intercontinental Athens 9-13 /10/ 2007

12. Anagnostidis K., **Lykomitros V.**
«Demonstration of the Postoperative Results of Resected Spinal Tumor. Lytic Lesions of Cervical Spine. Suggestions for Treatment».
 Scientific Program Meeting of the Orthopaedic Departments of Thessaloniki, 17/05/2008

13. Potoupnis M., Kenanidis E., Papavasiliou K., **Lykomitros V.** Kapetanios G.
«Adolescent Idiopathic Scoliosis and Sports. A Comparative Epidemiological Study».
 34th Annual Conference "N.Giannestras-P.Smyrnis", Agia Pelagia 12-15/06/2008

14. Potoupnis M., Kenanidis E., Papavasiliou K., **Lykomitros V.** Kapetanios G
«Mental Health of Children Suffering from Idiopathic Scoliosis. Is there relationship with the Time of Application of the Modified Boston Brace?»
 34th Annual Conference "N.Giannestras-P.Smyrnis", Agia Pelagia 12-15/06/2008

15. Lykomitros V., Alzir Z., Konstantinidis A., Anagnostidis K
Potoupnis M., Kapetanos G
«Percutaneous Kyphoplasty in Metastatic Cervical Spine Disease based on Plain radiographs»
64th Panhellenic Orthopaedic Congress, Hellenic Society of Orthopaedic Surgeons and Traumatology, Hotel Hilton, Athens 8-11 /10/2008
16. Lykomitros V., Papavasiliou K., Alzir Z., Sayegh F., Kyrkos J ., Kapetanos G.
«Treatment of Sacral Fractures (Traumatic and Insufficiency Fractures). Mid- Term Results Presentation ».
2nd Panhellenic Spinal Congress , Sani Beach Hotel ,Chalkidice , 25-27 /10/2008
17. Alzir Z., Papavasiliou K., Sayegh F., Vavaletskos S., Lykomitros V., Kyrkos J ., Kapetanos G
«Our Experience in the Treatment of Pertrochanteric Femoral Fractures ».
28th Annual Congress of Orthopaedic and Traumatology Association of Macedonia and Thrace, Hotel Hayat Regency , Thessaloniki , 22-25 /04/2009
18. Sapkas G, Papadopoulos H., Lykomitros V., Papadakis M., Kapetanos G.
«Spine Surgery in Patients with Parkinson's disease».
3rd Panhellenic Spinal Congress with International Participation , Hotel Divani Caravel, Athens , 16-18/10/2009
19. Sapkas G, Kelalis G., Soultanis G., Papadopoulos H., Lykomitros V., Papadakis M., Kapetanos G.
«Spine Surgery in Patients with Parkinson's disease».
36th Annual Conference "N.Giannestras-P.Smyrnis", Department of Spinal Disorders of the Hellenic Society of Orthopaedic Surgeons and Traumatology Pylos, Messinia, 20-24/05/2010
20. Sapkas G, Katonis P., Soultanis G., Papadopoulos H., Lykomitros V., Papadakis M., Kapetanos G.
«Spine Surgery in Patients with Parkinson's disease»
37th Annual Conference "N.Giannestras-P.Smyrnis", Department of Spinal Disorders of the Hellenic Society of Orthopaedic Surgeons and Traumatology, Amphitheater OTE Academy , 9-10/06/2011
21. Sapkas G, Katonis P., Soultanis G., Papadopoulos H., Lykomitros V., Papadakis M., Kapetanos G.
«Spine Surgery in Patients with Parkinson's disease».
5th Panhellenic Spinal Congress , Pafos , 27-30/10/2011

Poster
Announcements in
International
Congresses

1. Skott F., Bizariss S., Labroulis G., Assefa J., Armenak O., Christou F., **Lykomitros B.**, Tritakis, Karagiannides N., Litos G.
«**Comparative study of Bone loss density in Patients with Corticosteroid Inhaler and Corticosteroid per os treatment.**»
XXV International Congress FIMS, Athens, 10-16 /09/ 1994
2. FR.Scotti, Georgakopoulos P., K. Ditsios, **Lykomitros V.**
«**Lung Function Values FEV1, FVC Indicator Tiffeneau (FER), F50, F25, of Greek Male and Female Rowing Athletes.**»
XXV International Congress FIMS, Athens, 10-16 /09/ 1994
3. **Lycomytros VA.**, Sapkas G, Zachariou K, Korres D, Spilsbury J.
«**Evolution of Adult Degenerative Scoliosis**»
66th Annual Meeting of the American Academy of Orthopaedic Surgeons, Anaheim, California, United States, 1999
4. **Lycomitros V.**, Konstantinides A., Anagnostidis K., Potoupnis M, Kapetanios G
«**Biomaterial Injection under Local Anesthesia in a case of Vertebral Compression Fracture(VCF)**»
17th Interdisciplinary Research Conference on Biomaterials. Injectable and Implantable Biomaterials and Biologics for Tissue Regeneration, St Catherine's College, Oxford, UK 01-03/04/2007

Poster
Announcements in
Greek Congresses

1. **Lykomitros V.**, Anagnostides Kl., Sayegh F., Mpogdanis K, Kapetanios G.
«**Sacral Fractures in Patients with Neurologic Deficit and Associated Pelvic Injuries**»
62th Panhellenic Orthopaedic Congress, Hellenic Society of Orthopaedic Surgeons and Traumatology, Athens 3-7/10/2006
2. **Lykomitros V.**, Anagnostides Kl., Kapetanios G
«**Non diagnosed Dens (Odontoid process)Fracture resulting in Recurrent Dislocation - Treatment**»
62th Panhellenic Orthopaedic Congress, Hellenic Society of Orthopaedic Surgeons and Traumatology, Athens 3-7/10/2006

4. **Lykomitros V.**, Anagnostides Kl., Alzir Z., Kapetanos G
« Fifth Lumbar Vertebra Spondyloptosis. Case Presentation»
 1st Panhellenic Spinal Congress , Astir Palace Resort Athens , 20-23/09/2007

5. Kenanidis E., Potoupnis M., Papavasiliou K., **Lykomitros V.**, Kapetanos G.
«Modified Boston Brace- The Effect of Duration of Brace Application on the Quality of Life of Children suffering from Idiopathic Scoliosis».
 64th Panhellenic Orthopaedic Congress, Hellenic Society of Orthopaedic Surgeons and Traumatology, Hotel Hilton Athens, 8-11 /10/2008

6. Sayegh F., Alzir Z., Vavaletskos S., **Lykomitros V.**, Kyrkos I., Kapetanos G.
« Pertrochanteric Femoral Fractures Treatment based on Clinical and Radiographic Criteria. A Retrospective Study».
 64th Panhellenic Orthopaedic Congress, Hellenic Society of Orthopaedic Surgeons and Traumatology, Hotel Hilton Athens, 8-11 /10/2008

7. Kesidis E., **Lykomitros V.**, Nikopoulou A., Gerakis A., Kopadis N., Koukoulidis A.
« Quadruplicate Ankle Arthrodesis with Ilizarov External Fixation System Treating Charcot Arthropathy».
 31th Congress of Orthopaedic and Traumatology Association of Macedonia and Thrace, Hotel Porto Palace, 19-21/04/2012

1. International Rowing Federation, FISA Chief Classifier for Disabilities, Milan 2002
[Medical challenges in Adaptive Rowing](#)
2. 1st International Symposium «Advances in Spinal Surgery», Faia Center, Goulandris Natural History Museum, Athens, Greece, 16-19/11/2006
[«Cervical herniation»](#)
3. 2nd International Symposium «Advances in Spinal Surgery», Polis Convention Centre, Tagarades, Themi, Thessaloniki, 7-9 /02/2008
[«Presentation of Cases»](#)
4. 2nd International Ballon Kyphoplasty Symposium. State of the Art Kyphoplasty. Divani Apollon Kavouri Athens 24/01/2009.
[«Kyphoplasty: Expansion of Indications»](#)
5. 7th Turkish-Greek Intra-University Orthopedic Meeting, Izmir, Turkiye, 7-9/05/2009
[«Management of Sacral Fractures»](#)
6. 1st Synthes South East Europe International Meeting “Spinal Complications”, Thessaloniki, 27-28/11/2009
[«Case: Osteolysis, Radiotherapy CSF leakage: Tumor Case»](#)
7. World Spine V and World Spine 2010 Congress, hands on course World Spinal Column Society, Santorini, Greece, 7-9 /05/2010
[«Adolescent Deformity Indications and Goals for Surgery»](#)
8. Trilateral Meeting on Osteoporosis and Osteoarthritis, Sol Nessebar Resort, Nessebar, Bulgaria, 1-4/07/2010
[«Vertebroplasty-Kyphoplasty \(minimal invasive\)\(Pros\)»](#)
9. Karachispine2011, World Spinal Column Society and Pakistan Society of Neurosurgeons, Liaquat National Hospital and Medical College, Karachi, 3-5/02/2011
[«Pathophysiology and Biomechanics of Disc Degeneration»](#)

Lectures in Greek
Conferences

1. Symposium on «Sport and Child». Sports Society of Central Greece , Volos, 10 /03/ 1993
[«Strength Training in Children and Adolescents-Injuries »](#)
2. Symposium on «Women and Sports». Sports Society of Central Greece Volos 15 /03/1994
[«Pregnancy and Sports»](#)
3. Seminar of Sports Medicine Association of Central Greece, Hotel PARK, 21/01/1995
[«Knee Tendonitis - Patellar chondropathy. Diagnosis-Prognosis-Treatment»](#)
4. Symposium on «Sports Injuries of the Knee». Sports Medicine Association of Central Greece , Volos 16/03/1995
[« Anterior Knee Pain – Diagnosis and Treatment »](#)
5. Parents and Guardians Faculty - Annex of Eretria / 2nd Primary School of Eretria 16/03/1995
[«Traumatology- Health Issues and Sports Nutrition - Free Dialogue»](#)
6. Second Seminar on «Analysis of Spinal Biomechanics»'A. Spinal Instability B. Metal Implants Greek College of Orthopaedic Surgeons, Disease Research Laboratory of Musculoskeletal Disease System "Th. Garofalidis "Athens 28-29/03/1995.
[«Biomechanical Analysis of Lumbar Spine Instability »](#)
7. 3rd Seminar on Spinal Biomechanical Analysis entitled «The Effect of Internal Fixation in the Spine» Greek College of Orthopaedic Surgeons , Athens, 2-3 /04/ 1996.
[«Biomechanical Analysis of Upper Cervical Spine Instability»](#)
8. Scientific Meeting of the Hellenic Society of Orthopaedic Surgeons and Traumatology, Athens, 25 /01/1997
[«Surgical Treatment of Spinal Fractures»](#)
9. Educational Program of the First University Orthopaedic Department, Hospital KAT. Athens 11/03/1997
[«Biomechanical Analysis of Lower Cervical Spine Instability»](#)
10. Fourth Seminar on Spinal Biomechanics. Greek College of Orthopaedic Surgeons, Athens, 1-2/04/1997
[«Biomechanical Analysis of Cervical Spine Instability»](#)

11. Elective Course of the 5th Year Medical School of the National and Kapodistrian University of Athens «Hand Surgery / Microsurgery», Athens , 01/04/1997
[«Elbow Biomechanical Analysis»](#)
12. Symposium on «Modern Treatment of Spinal Infections» Hellenic Society of Orthopaedic Surgeons and Traumatology , Amphitheater «P. Konialidis», 11/04/1997
[«Infections in Immunosuppressive Patients»](#)
13. 13th Regional Seminar of Orthopaedics and Traumatology of Thessaly and Central Greece on "Traffic Accidents", Volos 4-6 /07/1997
[«Serious Injuries from Traffic Accidents – Trauma Types»](#)
14. 4th Scientific Meeting of TPSS/ Hellenic Society of Orthopaedic Surgeons and Traumatology, , Hotel Xenia Volos, 15/11/1997
[«Spinal Infections . Infection and Immunosuppression »](#)
15. 5th Seminar on «Biomechanical Analysis of Thoracic Spinal Injuries» Orthopaedic Department of University of Athens , Amphitheater «P.Konialidis», 4-5/04/1998
[«Effects of Spinal Fusion on Posterior Vertebral Joints»](#)
16. Meeting of the Supporting Society of Traffic Accident Victims , Athens, 5 /04/1998
[«Motivation and Training of Secondary School Students in the Prevention of Road Accidents»](#)
17. International Congress on Sports Medicine Applied to Football, Greek Football Federation (EPO), Athens 18-21 /03/1999
[«Preparation of High Level Football Players»](#)
18. Seminar on Basic Education in Metabolic Diseases, Amphitheater of Hellenic Society of Orthopaedic Surgeons and Traumatology «Paul Konialidis», 2/02/2000
[«Bone Metabolism and Muscular Exercise»](#)
19. 2nd Panhellenic Congress of Rowing with International participation, Thessaloniki 22-24 /11/2002
[«Rowing for People with Motor Disabilities: Medical Problems / Prevention and Treatment / Olympics and Rowing»](#)
20. 1st Panhellenic Congress of Physical Education and Sport «K. Paleologos» Conference Center Silver Bay , 22-23/10/2004
[«Sports and Bone Density »](#)

21. **Postgraduate Courses of the 1st Orthopaedic Department of University of Athens**, Academic Year 2005-2006, General Hospital of Attica "KAT", Athens, 3 /02/ 2005
[«Biomechanics of Cervical Spine»](#)
22. **Postgraduate Courses of the 3rd Orthopaedic Department of A.U.Th. ,** Academic Year 2005-2006, Papageorgiou Hospital Thessaloniki , 8/12/2005
[«Thoracic Spinal Fractures. Modern Options of Treatment»](#)
23. **10th International Congress of Hellenic Institution of Osteoporosis (HELIOS).** Hotel Capsis, Thessaloniki, 9-11 / 12/2005
[«Osteosynthesis of Spinal Fractures»](#)
24. **Scientific meeting on General Hospital Papageorgiou ,** Thessaloniki 06/05/2006
[«Spinal Tumors – Surgical Treatment»](#)
25. **Postgraduate Courses of the 3rd Orthopaedic Department of A.U.Th. ,** Academic Year 2005-2006, Papageorgiou Hospital Thessaloniki 26/05/2006
[«Surgical Approaches of Lumbar Spine»](#)
26. **Regional Seminar of Continuous Orthopaedic Training in Eastern Macedonia and Thrace,** Convention Center of Medical Society of Kavala, 17-18/06/2006
[«Spinal Canal Stenosis »](#)
27. **Graduate Seminar (two days Duration) , Greek College of Ortopaedic Surgeons ,** Amphitheater «P. Konialidis», 20-21/10/2006
[«Spinal Canal Stenosis»](#)
28. **Scientific Meeting on «Peripheral Nerve Entrapment Syndromes»** Amphitheater of General Hospital Papageorgiou ,Thessaloniki 25/11/2006
[«Nerves Entrapment in Pelvis»](#)
29. **12th Seminar on Spinal Biomechanics and Biotechnology,** Biomedical Research Foundation of Athens Academy, Athens 1-3/12/2006
[«Biomechanical Comparison of Screws placed with Different Techniques in Sacrum»](#)
30. **2nd Seminar «Advances in the Treatment of Osteoarthritis»,** Hayat Regency Hotel , Thessaloniki 9-11/03/ 2007
[«Degenerative Disease of the Vertebral Column -Kyphoplasty»](#)

31. 26th Congress of Orthopaedic and Traumatology Association of Macedonia and Thrace, Hotel Macedonia Palace, Thessaloniki, 11-14/04/2007
[«Corrective Interventions in Cerebral Palsy-Spinal Column»](#)
32. 26th Congress of Orthopaedic and Traumatology Association of Macedonia and Thrace, Hotel Macedonia Palace, Thessaloniki, 11-14/04/2007
[«Spinal Metastases»](#)
33. 8th Seminar on Osteoporosis and Metabolic Bone Disease, «Vertebral Fractures-Treatment», HELIOS , Grand Hotel Palace ,Thessaloniki , 8-10 /06/2007
[«Spinal Fractures- Treatment»](#)
34. 1st Panhellenic Spinal Congress , Astir Palace Resort Athens , 20-23/09/2007
[«Kyphoplasty»](#)
35. 19th Regional Orthopaedic Seminar of Central & West Macedonia, Cultural Center Amphitheatre Ptolemais, Ptolemaida 5-7/10/2007
[«Surgical Treatment of Primary Spinal Bone Tumors»](#)
36. 63th Panhellenic Orthopaedic Congress Hellenic Society of Orthopaedic Surgeons and Traumatology , Hotel Intercontinental Athens 9-13/10/ 2007
[‘Cervical Spondylosis, Myelopathy, Radiculopathy. Is there a Hyperbole in Treatment? Conservative Treatment’](#)
37. 63th Panhellenic Orthopaedic Congress Hellenic Society of Orthopaedic Surgeons and Traumatology , Hotel Intercontinental Athens 9-13/10/ 2007
[«Safety and Efficacy of Kyphoplasty with Local Anesthesia "and" Spondylodiskitis: A Diagnostic and Therapeutic Challenge»](#)
38. Postgraduate Course Programm of the 1st Ortopaedic Department of A.U.Th., 28th year , Academic Year 2007-2008,Thessaloniki 6/11/2007
[«Sacral Fractures»](#)
39. 13th Seminar on Spinal Biomechanics and Biotechnology, Biomedical Research Foundation, Academy of Athens, 30/11-02/12/2007
[“Biomechanical Changes of the Adjacent Levels following Cervical Intervertebral Disc Replacement with Prosthesis \(disc prosthesis\)”](#)

40. **Postgraduate Courses of the 3rd Orthopaedic Department of A.U.Th. , Academic Year 2007-2008, Papageorgiou Hospital Thessalniki/ 6/12/2007**
[«Management and Treatment of Spinal Tumors»](#)
41. **Educational Seminar of the Football Coach Federation Greece, OAKA. 21/01/2008**
[«Football injuries »](#)
42. **Postgraduate Courses of the 3rd Orthopaedic Department of A.U.Th. , Academic Year 2007-2008, Papageorgiou Hospital Thessalniki / 4/02/2008**
[«Cervical spine: Anatomy, Clinical Examination, Surgical Approaches»](#)
43. **1st combined Seminar of Neurology and Orthopaedics, Helectra Hotel ,Thessaloniki 15-16 /02/ 2008**
[«Paralytic Scoliosis»](#)
44. **3rd Seminar «Advances in the Treatment of Osteoarthritis», Hotel Hyatt Regency , Thessaloniki 20-22/03/2008**
[«Kyphoplasty»](#)
45. **21st Annual Meeting of the Orthopaedic Oncology with international participation, Poseidon Resort Hotel , Loutraki, 26-28/09/2008**
[«Metastatic Spinal Bone Disease\(Patient Case\)»](#)
46. **64th Panhellenic Orthopaedic Congress, Hellenic Society of Orthopaedic Surgeons and Traumatology , Hotel Hilton, Athens 8-11 /10/2008**
[«The Degenerative Disease of the Intervertebral Lumbar Spine Disc. Alternative Surgical Treatment Methods. Confrontation: Spinal Dynamic Fusion- Artificial discs»](#)
47. **64th Panhellenic Orthopaedic Congress, Hellenic Society of Orthopaedic Surgeons and Traumatology , Hotel Hilton, Athens 8-11 /10/2008**
[«Surgical Treatment in Cases III and IV Spondylolisthesis-Spondyloptosis»](#)
48. **14th Seminar on Spinal Biomechanics and Biotechnology , 1st Orthopaedic Department of Medical School of University of Athens, Amphitheater «P. Konialidis», 5-7/12/ 2008**
[«Biomechanics of Sacral Fractures Treatment»](#)
49. **24th Northern Panhellenic Medical Conference with International Participation, Hotel Hayat Regency , Thessaloniki /26-28/03/2009**
[«Kyphoplasty-Vertebroplasty-Pros vs Cons»](#)

50. 4th Seminar «Advances in the Treatment of Osteoarthritis», Hayat Regency Hotel , Thessaloniki 2-4/04/ 2009
[«Spinal Fusion using Semi-Elastic Rods»](#)
51. 11th Multithematic Congress, Orthopaedic and Traumatologic Surgery Society of Crete, Moevenpick Resort and Thalasso Crete , 1-3/05/2009
[«Treatment of Metastatic Bone Disease»](#)
52. 35th Annual Conference "N.Giannestras-P.Smyrnis", Dion Palace , Olympia Hotel , Platamonas , 11-14/06/2009
[«Surgical Treatment of Sacral Fractures»](#)
53. 35th Annual Conference "N.Giannestras-P.Smyrnis", Dion Palace , Olympia Hotel , Platamonas, 11-14/06/2009
[« What's new in the Aetiopathogenesis of Scoliosis?»](#)
54. 22th Annual Congress of Orthopaedic Oncology, Poros , 2-3/07/2009
[«Surgical Treatment of Primary Spinal Bone Tumors »](#)
55. 6th Seminar «Sports and Sea», Poros , 4-5 /07/2009
[«Injuries in Rowing»](#)
56. 65th Panhellenic Orthopaedic Congress, Hellenic Society of Orthopaedic Surgeons and Traumatology , Congress Center I.Vellidis , Thessaloniki, 7-10/10/2009
[«Debate in the Treatment of Cervical Spine Fractures»](#)
57. 3rd Panhellenic Spinal Congress, Hotel Divani Caravel Athens, 16-18/10/2009
[«Kyphoplasty»](#)
58. Postgraduate Courses of the 3rd Orthopaedic Department of A.U.Th. , Academic Year 2009-2010, Papageorgiou Hospital Thessaloniki 04/02/2010
[«TBC Spondylitis- Surgical Treatment»](#)
59. Postgraduate Courses of the 3rd Orthopaedic Department of the National and Kapodistrian University of Athens , Academic Year 2009-2010, Athens 23/03/2010
[«Spondylolysis-Spondylolisthesis in Sports»](#)
60. 29th Annual Congress of Orthopaedic and Traumatology Association of Macedonia and Thrace , Thraki Hotel Palace, Alexandroupoli, 07/04/2010
[«Imaging Guided Percutaneous Vertebroplasty and Kyphoplasty - How I do it»](#)

61. 29th Annual Congress of Orthopaedic and Traumatology Association of Macedonia and Thrace , Thraki Hotel Palace, Alexandroupoli , 07/04/2010
[«Spine- Surgical Treatments»](#)

62. Programm of the Greek College of Orthopaedic Surgeons , Amphitheater «P. Konialidis», 07/05/2010
[«Surgery Time in Spinal Cord Injury»](#)

63. 15th Annual Panhellenic Symposium of the Department of Pediatric Orthopaedics of the Hellenic Society of Orthopaedic Surgeons and Traumatology , Kavala , 14-16/05/2010
[«Congenital Scoliosis»](#)

64. 36th Annual Conference "N.Giannestras-P.Smyrnis", Department of Spinal Disorders of the Hellenic Society of Orthopaedic Surgeons and Traumatology, Pylos , Messinia , 20-24/05/2010
[« Spinal Stenosis and Surgical Treatment Indications»](#)

65. 66th Panhellenic Orthopaedic Congress, Hellenic Society of Orthopaedic Surgeons and Traumatology , Hotel Hilton Athens , 13-16/10/2010
[«Type D Fractures of the Odontoid Apophysis A2»](#)

66. Greek College of Orthopaedic Surgeons – Intensive Training Program, 19-20 /11/2010
[«Deformities of the Spine. Investigation and Treatment Principles»](#)

67. 30th Annual Congress of Orthopaedic and Traumatology Association of Macedonia and Thrace ,Hotel Porto Carras , Xalkidiki , 29/04-01/05/2011
[«Artificial Disc Replacement»](#)

68. 67th Panhellenic Orthopaedic Congress, Hellenic Society of Orthopaedic Surgeons and Traumatology , Hotel Hilton Athens , 12-16/10/2011
[«Biomechanics of the Cervical Spine»](#)

69. 5th Panhellenic Spinal Congress, Pafos , 27-30-10-2011
[«Imaging Evaluation of Degenerative Disease of the Cervical Spine»](#)

70. 31th Annual Congress of Orthopaedic and Traumatology Association of Macedonia and Thrace, Hotel Porto Palace ,Thessaloniki 19-21/04/2012
[«Metastatic Tumors»](#)

71. 68th Panhellenic Orthopaedic Congress , Hellenic Society of Orthopaedic Surgeons and Traumatology Hotel Divani Caravel, Athens 3-6/10/2012
[«Low Invasive Interbody Spinal Fusion»](#)
72. 68th Panhellenic Orthopaedic Congress , Hellenic Society of Orthopaedic Surgeons and Traumatology Hotel Divani Caravel, Athens 3-6/10/2012
[«Lumbar Intervertebral Disc Degeneration-Medical Errors»](#)
73. 6th Panhellenic Spinal Congress , Hotel DuLac , Ioannina , 25-28/10/2012
[«Kyphoplasty»](#)
74. 18th Seminar on Spinal Biomechanics and Biotechnology ,Amphitheater «P. Konialidis» Hellenic Society of Orthopaedic Surgeons and Traumatology , 30/11-02/12/2012
[«Laparoscopic Intervertebral Spinal fusion»](#)
75. Municipal People's University Training (Modules: St. Paul-Neapolis-Peykon – Sykeon)_10 /12/2012
[«Recent Techniques in Spine Surgery»](#)
76. 1st Seminar «Laparoscopic - Thoracoscopic and Open Abdominal Surgery - Chest -Spinal - Hip and Plastic Surgery» Anatomy AUTH, 18-20 /01/2013
[«Anterior Approach of the Lumbar Spine»](#)
77. Municipal People's University Training (Modules: St. Paul-Neapolis-Peykon – Sykeon) 23/01/2013 και 03/04/2013
[«Recent Techniques in Spine Surgery»](#)
78. 32th Annual Congress of Orthopaedic and Traumatology Association of Macedonia and Thrace with international participation , Grand Hotel Palace , Thessalniki , 9-11/05/2013
[«Surgical Treatment of Primary Spinal Tumors »](#)
79. Scientific Meeting on «Recent Techniques in Lumbar Spine Surgery» , IASO Thessaly, Larisa , 25-05-2013
[«Low Invasive Techniques in the Anterior Surgical Approaches of the Spine»](#)
80. 38th Annual Conference "N.Giannestras-P.Smyrnis", Department of Spinal Disorders of the Hellenic Society of Orthopaedic Surgeons and Traumatology, Domotel Xenia , Volos 6-8/12/2013
[«Complications of Kyphoplasty»](#)

81. Meeting of the Spinal Department of the Hellenic Society of Orthopaedic Surgeons and Traumatology , Hotel Epirus Palace , 27/03/2014

«Spinal fusion or Artificial Disc in the Degenerative Disease of the Lumbar Spine»

Participation and Attendance of International Seminars and Congresses

1. 2nd IOC World Congress on Sports Sciences, International Olympic Committee, Barcelona 26-31/10/1991
2. 20th FISA Coaches Conference, Barcelona, Spain 31/10-3/11/1991. (Official Translator in Greek from the English language)
3. 2nd International Conference on Nutrition and Fitness, Center for Genetics , Nutrition and Health OAKA- The Hellenic Sports Research Institute College of Sports Science, ICNE , Athens 25-28/05/1992
4. 24th World Congress of Sports Medicine FIMS, Barcelona, Spain, 10-16 /09/ 1993.
5. 2nd Symposium for the Surgery of the Shoulder , Patra , 27-28/05/1994
6. 25th World Congress of Sports Medicine FIMS «Sports and Medicine for a Healthier Life» Athens, 10-16 /09/ 1994.
7. 26th World Congress of Sports Medicine FIMS, Granada, Spain, 10-16 / 11/ 1995.
8. 3rd International Conference on Nutrition and Fitness. Center for Genetics , Nutrition and Health OAKA- The Hellenic Sports Research Institute College of Sports Science, Athens , Greece , 24-27/05 /1996
9. Advanced Orthofix Seminar and Workshop «Dynamic Axial Rotation», Bussolegno, Verona, Italy 14-16/11/1996.
10. 1st International ARGOS Meeting: «Topic Contribution of Dynamic Fixations in the Spinal Disease Treatment by Posterior Approach» Paris, 31/01/1997 President Ch. MAZEL. (Following this seminar I attended DR.MAZEL at the MONTSOURIS Hospital for two weeks).
11. «The Team Physician Course-Part II» , American College of Sports Medicine, Ponte Vedra Beach, Florida, 9 /02/ 1997

12. «The Team Physician Course-Part II», American College of Sports Medicine, Continuing Medical Education Committee, Florida, 5-9/02/1997.
13. Advanced Course on Spine Surgery with Workshop «Tactique et Technique de Prise en Charge du Rachis Degeneratif» ARGOS Meeting Docteur Ch. MAZEL Paris, 18 /04/1997,
14. 8th Annual Meeting of the European Spine Society (ESS), Kos-Greece, 10-13/09/1997
15. 9th European Sports Medicine Congress FIMS , Porto , Portugal , 23-26 /09/1997
16. 1st Interbalkan Congress of Spinal Disease, Athens , 7-9 /05 /1998
17. 2nd International Seminar of Hellenic Institution of Osteoporosis «Advances in Osteoporosis», Athens, 13-14/06/1998
18. European Forum of G.I.C.D., Innsbruck , Austria, 23/06/1998
19. 2nd Combined Meeting of European Spine Society and European Spinal Deformities Society, Congress Innsbruck, Austria, 23-27 /06/1998
20. 1st Innsbruck Spine-Symposium with live transmission from the operating theatre “Yeung Endoscopic Spine Surgery” Congress Innsbruck, Austria 27/06/ 1998
21. Advanced Team Physicians Course, American Orthopaedic Society for Sports Medicine, Florida, 10-13 /12/ 1998.
22. Cervical Spine Research Society (European Section) Meeting , Shaw Park Plaza , London 21-24/06/2000
23. Silver Jubille Meeting of British Scoliosis Society 7-9/03/2001
24. 5th Congress of the European Federation of National Associations of Orthopaedics and Traumatology (EFORT), Rhodes Palace Capsis, Rhodes Greece , 3-7/06/2001
25. «Sports Event Management and Organisation Seminar», Swiss Federal Institute of Technilgy , Lausanne , Switzerland, 22-27/10/2001
26. 32nd FISA Coaches Conference Athens 6-9/11/2003

27. 6th International Instructional Course «Approaches and Techniques for treatment of Degenerative pathologies , Trauma and Deformity of the Spine», AMC Hospital , Amsterdam , The Netherlands , 8-9/11/2004
28. 21st Annual Meeting of the Cervical Spine Research Society European Section, Cavalieri Hilton Rome 16-17 /06/ 2005
29. 1st International Meeting «Bone Strength and Quality Parameters», Hellenic Society of Bone Metabolism , Aldemar Paradise Royal Mare , Rhodes, 16-18/09/2005
30. 3rd Annual Spine Experts Group Meeting, Thessaloniki-Greece 8-10 /12/2005
31. Chief Classifiers Meeting 2006, International Paralympic Committee, Bonn, Germany, 8-9/05/ 2006
32. «AO Spine Comprehensive Spine Course» , Belek/Antalya, Turkey 27-31/05/2006
33. «Minimally Invasive Surgery» Abbott Spine School , Bordeaux , France , 10/10/2006
34. 1st International Symposium «Advances in Spinal Surgery» ,Faia Center, Goulandris Natural History Museum , Athens , Greece, 16-19/11/2006
35. «AO Spine Degenerative and Deformity Course», AO Spine International , Davos Switzerland , 10-15 /12/2006
36. AO Spine International course «7th Bernese Live Spine Surgery Symposium-Complex Surgery at the Junctions of the Spine», Bern, Switzerland, 9-10 /02/2007
37. 17th Interdisciplinary Research Conference «Biomaterials. Injectable and Implantable Biomaterials and Biologics for Tissue Regeneration», St Catherine's College , Oxford , UK 01-03/04/2007
38. 14th International Meeting on Advanced Spine Techniques (IMAST), Atlantis Paradise Island, The Bahamas, 11-14 /07/2007
39. Pre-meeting course «Update on Congenital Spinal Deformities», 42nd Annual Meeting of Scoliosis Research Society, Edinburgh, Scotland, 5/09/ 2007
40. 42nd Annual Meeting of Scoliosis Research Society, Edinburgh, , Scotland, 5 /09/ 2007

41. 26th Annual Meeting of the European Bone & Joint Infection Society with Participation of Musculoskeletal Infection Society of North America (MSIM-NA) “Diagnosis and Therapeutic Management of Spondylodiscitis Patients”, EBJIS, Corfu Imperial Hotel, Corfu Island, Greece, 20-22 /09/ 2007
42. AO Spine Advances Course Trauma and Tumor , Davos , Switzerland , 9-14/12/2007
43. Educational Course: Road Map of Research «From the Clinical Problem to Publication» , Davos, Switzerland , 12-13/12/2007
44. 2nd International Symposium «Advances in Spinal Surgery», Polis Convention Centre , Tagarades , Thessaloniki , 7-9 /02/2008
45. 75th Annual Meeting of American Academy of Orthopaedic Surgeons (AAOS) , San Francisco , USA, 5-9/03/2008
46. Specialty Day Meeting of the Federation of Spine Associations/ 75th Annual Meeting of American Academy of Orthopaedic Surgeons (AAOS) , San Francisco , USA, 8/03/2008
47. AO Spine Masters Course/Symposium for Central Europe , Thessaloniki , Greece , 12-15/04/2008
48. 5th Combined Meeting Britispine /British Scoliosis Society , British Cervical Spine Society , Society of Back Pain Research, British Association for Spinal Surgeons, Belfast Waterfront Hall , 30/04-02/05/2008
49. European Spine Review and Cadaver Hands-on Course 2008, Hersonissos , Heraklion Crete, Greece, 25/07-01/08/2008
50. «Spinal Deformity: Current Concepts» Scoliosis Research Society World Wide Programm , New Delhi , India , 2-4/10/2008
51. 2nd International Ballon Kyphoplasty Symposium «State of the Art» , Divani Apollon Kavouri Hotel , Athens , 24/01/2009
52. 3rd International Symposium «Advances in Spinal Surgery» , Lumbar Degenerative Disc Disease Course with Cadaveric Workshop , University of Ioannina, University Convention Center, 5-8/02/2009
53. Osseofix Cadaver Lab Training , Universitat Wien –Anatomic , Vienna , Austria , 06/03/2009

54. [AO Spine Advanced Course –Yellow](#) , Kuala Lumpur , Malaysia, 26-30/10/2009
55. [1st Synthes South East Europe International Meeting «Spinal Complications»](#), Thessaloniki , 27-28/11/2009
56. [7th Turkish-Greek Intra-University Orthopedic Meeting](#) , Izmir , Turkiye, 7-9/05/2009
57. [Instuctional Course «How to Write and How to Review Scientific Papers for Medical Journal»](#), Amphitheatre HAOST, «Paulos Konialidis» , Athens , 29-30/05/2009
58. [World Spine V and World Spine 2010 Congress , «Hands on Course»](#), World Spinal Column Society , Santorini, Greece , 7-9 /05/2010
59. [World Spine V Congress and World Spine 2010 Congress , «Hands on Course»](#) World Spinal Column Society , Larisa, Greece , 10-14 /05/2010
60. [26th Annual Meeting of the European Section of the Cervical Spine Research Society](#) , Corfu Island , Greece, 26-29/05/2010
61. [Trilateral Meeting on Osteoporosis and Osteoarthritis](#), Sol Nessebar Resort, Nessebar, Bulgaria 1 – 4/07/ 2010
62. [2010 Cleveland Spine Review Course](#) , American Medical Association, Lutheran Hospital , Cleveland Ohio , 7-13/07/2010
63. [Karachispine2011, World Spinal Column Society and Pakistan Society of Neurosurgeons](#), Liaquat National Hospital and Medical College, Karachi, 3-5/02/2011
64. [12th EFORT Congress](#), Copenhagen , Denmark , 1-4 /06/2011
65. [Visiting Surgeon Program with Dr Schills](#) , Liege , Belgium , 27/01/2012
66. [Spine Week 2012](#) , European Accreditation Council for Continuing Medical Education , Amsterdam , The Netherlands, 28/05-01/06/2012
67. [1st Geneva Spine Course](#) , Sagittal Balance Master Course, Hotel Warwick, Geneva , 28/09/2012
68. [1st Geneva Spine Course](#) , Anatomical Workshop, Anatomical Laboratory , Geneva , 29/09/2012

69. Training Programm «European Workshop Advancing Care in Cancer Patients , a Multidisciplinary Team Perspective for Vertebral Fracture Management» Academia Medical Education, Brussels , Belgium , 22/03/2013
70. 48th Annual Meeting of Scoliosis Research Society , Lyon , France 18-21/09/2013
71. Eurospine 2013 Congress, 2-/10/2013 Liverpool , UK
72. Training Programme «Overcoming Challenges in the Treatment of Pediatric Spinal Deformity Surgery», Amsterdam, Leiden , The Netherlands, 28-29/11/2013
73. «Osteoporosis Treatment in the Fragility Fracture Patient» Lilly Masterclass Seminar , Basel University Hospital , Switzerland, 14-15/11/2013
74. Master Course «Saggital Balance», Ioannina , Greece , 22/11/2013
75. «Inspiration 2014 Meeting» , - Management of Thoracic Compressive Lesions, Spinal Pseudoarthrosis, Huge Sacral Lesions- , Dubrovnic , Croatia , 23-24/05/2014

Participation and Attendance of Greek Congresses

1. 16th Seminar of Continuing Medical Education Society, Under the auspices of the Ministry of Health, Athens , 4-15/11/91
2. Peripheral Continuing Education Seminar of Orthopaedic Surgeons, «Total Hip Arthroplasty» Hellenic Society of Orthopaedic Surgeons and Traumatology /Greek College of Orthopaedic Surgeons, Portaria Volos, 12-13 /06/ 1993
3. Shared Congress of Hellenic Society of Orthopaedic Surgeons and Traumatology and American Orthopaedic Association, Athens, 20-23/10/1993
4. 5th Hospital Conference on «The Treatment of Fractures in Multiple Trauma Patients» Greek College of Orthopaedic Surgeons, Amphitheater of 401 GMHA, Athens, 21/05/1994.
5. 2nd Symposium of Shoulder Surgery, Patra, 27-28/05/1994

6. 7th Seminar on «Hip and Knee Arthroplasty», Scientific Association of Orthopaedic Surgeons of Asklepion Voula Hospital, Athens, 29/09- 1/10/1994
7. 1st Conference with International Participation on «Traffic Accidents and Serious Injuries Treatment» , Peace and Friendship Stadium ,Athens 14-16/10/1994
8. Annual Congress of Hellenic Society of Orthopaedic Surgeons and Traumatology. Hotel Hilton , Athens, 26 – 29 /10/ 1994
9. Meeting of the Greek Society of Angiology on«Thromboembolic Disease-Prevention and Treatment» Hotel Hilton, Athens, 18/03/1995.
10. Seminar on «Intramedullary Nailing of Femur and Tibia Fractures», A' Orthopaedic Department of Naval Hospital Athens, War Museum, 18/03/1995
11. Postgraduate Seminar and Workshop with International Participation on «Arthroscopic Surgery-Sports Medicine», Orthopaedic Department of Ioannina Hospital, Amphitheater University Hospital of Ioannina , 30/03- 01/04/1995
12. Symposium on «Metabolic Bone Diseases / Osteoporosis» Hellenic Society of Bone Metabolism Medical School, University of Thessaly , Larisa, 27 /05/ 1995
13. Regional Orthopaedic Seminar of the College of Orthopaedic Surgeons / 4th Panhellenic Congress XOTE Crete on «Locking Intramedullary Nailing of Long Bones »,Heraklion Crete 10-11/06/1995
14. Seminar with International participation on «Treatment of long Bone Fractures with Locking Intramedullary Nailing», Greek College of Orthopaedic Surgeons , Athens , 23-24/06/1995
15. 8th Postgraduate Seminar with International Participation on «Total Hip and Knee Arthroplasty». Scientific Association of Orthopaedic Surgeons of Asklepion Voula Hospital, Athens, 28-30/09/1995.
16. Seminar in honor of Professor G. Chartofylakidis on "Difficult Problems in Prosthetic Surgery” Hip Section of HAOST and Orthopaedic Surgery Department of University of Athens, Athens, 11 /10/ 1995
17. Scientific Meeting on «Posterior Spinal Systems VSP-ISOLA-PLIF of the ACROMED Company » HAOST Amphitheater. «P. Konialidis», 25 /11/1995

18. [Postgraduate Seminar on Metabolic Bone Diseases \(48 hours duration\)](#), Research Laboratory of Musculoskeletal Disease «Th. Garofalidis», University of Athens 20 /11/95- 20/06/96
19. [Combined Conference of the Greek Society of Reconstructive Microsurgery and the Greek Society for Hand Surgery](#) , Volos, 30 /11 - 3 /12/1995
20. [Seminar \(50 Hours duration\) on «Basic Knowledge on Metabolic Bone Disease»](#) Hellenic Institution of Osteoporosis (HELIOS) 1995-6
21. [Training Course on Spinal Systems AXIS, CD, CCD, CCD II και TSRH](#). Orthopaedic Clinic of the University of Athens, 5th Clinical Orthopaedic Department / Scoliosis and Spinal Unit- KAT Hospital, Department of Spinal Disorders HAOST, Hospital KAT, 3 /02/1996
22. [Training Workshop on «Alternative Methods in the Homologous Transfusion»](#),Amphitheater of KAT Hospital, Athens, 9/3/1996.
23. [7th Osteosynthesis Seminar](#), Delphi , 30/04- 3/05/1996
24. [22th Annual Conference "N.Giannestras-P.Smyrnis"](#), Department of Spinal Disorders of the Hellenic Society of Orthopaedic Surgeons and Traumatology, Monastery of Penteli, 16-18/05/1996
25. [Scientific Meeting on «Osteoporosis and Orthopaedic Problems associated with Osteoporosis in the Elderly»](#), Orthopaedic Department, University of Patras, Rio, 15/6/1996.
26. [Seminar to Kalymnos price & Imia on «Multiple Trauma Patients and Motorcycles»](#) ,Greek College of Orthopaedic Surgeons , Kalymnos, 15-16 /06/ 1996
27. [9th Annual Seminar on «Total Hip and Knee Arthroplasty»](#), Hotel Hilton ,Athens, 27-28/09/1996
28. [16th Armed Forces Medical Congress](#), Thessaloniki , 9-12 /10/1996
29. [Annual Congress of Hellenic Society of Orthopaedic Surgeons and Traumatology](#), Athens, 25-27 /10/1996
30. [Microsurgery Practical Training \(12 weeks duration\)](#), Educational Year 1996-7, University of Athens, Research Laboratory of Musculoskeletal System «Th. Garofalidis»-Gen. Hospital of Attica (KAT) Department of Hand Surgery Microsurgery, 9/9/1996-29/11/1996

31. [4th Panhellenic Congress of Metabolic Bone Diseases](#), Hellenic Society of Bone Metabolism , Hotel Hilton, Athens 12-14/12/1996
32. [1st Scientific Conference on «Surgical Treatment of Spinal Injuries»](#), Spinal Section of the Hellenic Society of Orthopaedic Surgeons and Traumatology, 401 G.M.H.A., 25 /01/ 1997
33. [Five-day Training Course on Spinal Topics](#) , Under the auspices of Greek College of Orthopaedic Surgeons , Hospital KAT , 27-31/01/1997
34. [4th Seminar on Spinal Biomechanics Analysis](#), Greek College of Orthopaedic Surgeons, Athens, 1-2/04/1997
35. [Training Seminar on Intramedullary Nailing with Practical Exercise](#), Orthopaedic Departments of University of Patras and Ioannina, Patra, 4-5 /04/1997
36. [Symposium on «Modern Treatment of Spinal Infections»](#) Hellenic Society of Orthopaedic Surgeons and Traumatology , Amphitheater «Paul Konialidis» , 11/04/1997
37. [Seminar on «Orthopaedic Infections»](#), Hellenic Society of Orthopaedic Surgeons and Traumatology, Athens, 12 /04/1997
38. [1st Hellenic Institution of Osteoporosis Seminar on « Advances in Osteoporosis »](#) , Conference Center of the Agricultural Bank, New Erithrea Attica, 10-11/05/1997
39. [Workshop on « Biomechanical Study of Cervical Spine»](#), Spinal Diseases Department of Orthopaedic University Clinic, Research Center « Th Garofalidis» 15 /05/1997
40. [4th Symposium on «Diving-Hyperbaric Medicine»](#), Naval Hospital, Division of Education and Research, War Museum, 17-18 /05/1997
41. [Symposium on «Osteoporosis-Diagnosis of Drug-Osteoporosis-Treatment»](#) Hellenic Society of Bone Metabolism, Medical Association of Magnesia, Portaria Pelion , 28 /06/ 1997
42. [Meeting on «Open Fractures- Post-traumatic Infections»](#) Hellenic Society of Orthopaedic Surgeons and Traumatology, Department of Orthopaedic Infections, Caravel Hotel, Athens, 27 /02/ 1998
43. [5th Seminar on "Biomechanics of the Spine"](#) Hellenic Society of Orthopaedic Surgeons and Traumatology – Greek College of Orthopaedic Surgeons ,Amphitheater «Paul Konialidis», Athens 4-5/04/1998

44. [Seminars on «Study of the Cervical Spine»](#), Spinal Diseases Department of Orthopaedic University Department of Athens, 22/04/1998
45. [Seminar on «Activation and Training of Secondary School Students in the Prevention of Traffic Accidents»](#), Department of School Education, KAT Hospital, Athens , 5/05/1998
46. [1st Combined Conference on "Current Developments in Orthopaedics and Traumatology"](#) Orthopaedic Clinic of the University of Athens, Department of Orthopaedic MAYO CLINIC, USA., Athens, 22-24 /05/1998
47. [2nd International Hellenic Institution of Osteoporosis Seminar \(HELIOS\) on «Advances in Osteoporosis»](#) , War Museum Amphitheatre , Athens , 14/06/1998
48. [Athletic Meeting on Health and Nutrition](#), Municipality of Chania , 19/09/1998
49. [1st Scientific Conference of the Association of Physiotherapists of Magnesia, Greek Scientific Committee of Physiotherapy and Orthopaedic Clinic of Volos Hospital](#) , Volos , 26/09/1998
50. [Seminar on «Leadership»](#) Organizing Committee of the Olympic Games 2004, Athens, 20/12/2001
51. Participation in Educational Television Documentary Film on [«Anabolics-Dietary Supplements»](#) , ERT 1, 2002
52. [Seminar on «Leadership»](#) Organizing Committee of the Olympic Games 2004, , Athens , 18/02/2002
53. [5th Training Seminar on «Intramedullary Nailing»](#) with Practical Exercise, Ioannina, 23-24 /01/2003
54. [60th Panhellenic Orthopaedic Congress](#) with international participation, Hellenic Society of Orthopaedic Surgeons and Traumatology, Hotel Hilton, Athens, 6-9 /10/2004
55. [10th Seminar of Spinal Biomechanics](#), Athens 3-5/12/2004
56. [9th International Seminar of Hellenic Institution of Osteoporosis](#) , War Museum , Athens, 10-12/ 12/2004
57. [2nd Training Seminar of Local Transplantation Coordinators](#), Athens , 17/12/2004
58. [13th Inter-University Seminar on Osteosynthesis](#), Amphitheater of G.H. Papageorgiou , Thessaloniki 11-13 /03/2005

59. 10th Annual Panhellenic Symposium of the Department of Pediatric Orthopaedics of the Hellenic Society of Orthopaedic Surgeons and Traumatology, Litochoro Pieria, 27-29/05/2005
60. Seminar on «Spinal Column - Imaging Problems», Radiological Society of Northern Greece, Radiology Department of AHEPA Hospital, Thessaloniki 8/10/2005
61. 61th Panhellenic Orthopaedic Congress with international participation, Hellenic Society of Orthopaedic Surgeons and Traumatology, Hotel Hilton, Athens, 12-15 /10/2005
62. 31th Annual Conference "N.Giannestras-P.Smyrnis", Department of Spinal Disorders of the Hellenic Society of Orthopaedic Surgeons and Traumatology, Xania, Crete, 27-30/10/2005
63. Seminar on «New Horizons in Osteoarthritis Treatment», 3rd Orthopaedic Department of A.U.Th. ,Hyatt Regency Hotel , Thessaloniki, 17-18 /02/ 2006
64. 12th Scientific Congress of Greek Medical Students, Student Scientific Society of Greece, Larisa , 5-7 /05/2006
65. 32th Annual Conference "N.Giannestras-P.Smyrnis", Department of Spinal Disorders of the Hellenic Society of Orthopaedic Surgeons and Traumatology, Loutra Kyllinis, 1-4 /06/ 2006
66. Regional Seminar of Continuous Orthopaedic Training in Eastern Macedonia and Thrace, Convention Center of Medical Society of Kavala, 17-18/06/2006
67. 62th Panhellenic Orthopaedic Congress with international participation, Hellenic Society of Orthopaedic Surgeons and Traumatology, Hotel Hilton, Athens, 3-7/10/2006
68. Scientific Meeting on «Peripheral Nerve Entrapment Syndromes» Amphitheater of General Hospital Papageorgiou ,Thessaloniki 25/11/2006
69. 12th Seminar on Spinal Biomechanics and Biotechnology, Biomedical Research Foundation of Athens Academy, Athens 1-3/12/2006
70. 4th International Seminar on Acetabular and Pelvic Ring Injuries, Hellenic Society of Orthopaedic Surgeons and Traumatology /Greek College of Orthopaedic Surgeons, Conference and Cultural Center of the University of Patras, Patra , 12-13/01/2007

71. [Meeting on Imaging of Soft Tissue Tumors](#), Radiological Society of Northern Greece, Papageorgiou Hospital Amphitheatre, 20 /01/2007
72. [2nd Seminar on «Advances in the Treatment of Osteoarthritis»](#), Hayat Regency Hotel , Thessaloniki 9-11/03/ 2007
73. [26th Congress of Orthopaedic and Traumatology Association of Macedonia and Thrace](#), Hotel Macedonia Palas, Thessaloniki, 11-14 /04/2007
74. [33th Annual Conference "N.Giannestras-P.Smyrnis"](#), Department of Spinal Disorders of the Hellenic Society of Orthopaedic Surgeons and Traumatology, Department of Spinal Diseases, Hotel Royal Myconian, Elia Myconos 24-27/05/2007
75. [8th Seminar on Osteoporosis and Metabolic Bone Disease, «Vertebral Fractures-Treatment»](#), HELIOS , Grand Hotel Palace ,Thessaloniki , 8-10 /06/2007
76. [1st Panhellenic Spinal Congress](#) , Astir Palace Resort Athens , 20-23/09/2007
77. [19th Regional Orthopaedic Seminar of Central & West Macedonia](#), Cultural Center Amphitheatre Ptolemais, Ptolemaida 5-7/10/2007
78. [63th Panhellenic Orthopaedic Congress Hellenic Society of Orthopaedic Surgeons and Traumatology](#) , Hotel Intercontinental Athens, 9-13 /10/ 2007
79. [Scientific Meeting in General Hospital of Kilgis, A and B Orthopaedic Clinics](#), Event in remembrance of John Charitidis, G.H. Kilgis, 20 /10/2007
80. [1st combined Seminar of Neurology and Orthopaedics](#), Helectra Hotel ,Thessaloniki 15-16/02/2008
81. [3rd Seminar on «Advances in the Treatment of Osteoarthritis»](#), Hotel Hyatt Regency , Thessaloniki 20-22/03/2008
82. [14th Greek Medical Students Congress](#) , 2nd International Forum of Medical Students and Young Doctors of Greece, Athens Concert Hall , Athens 9-11/05/2008
83. [34th Annual Conference "N.Giannestras-P.Smyrnis"](#), Agia Pelagia 12-15/06/2008
84. [20th Regional Seminar of Continuous Orthopaedic Training in Eastern Macedonia and Thrace](#) , Convention Center of Municipality of Kilgis , 19-20 /09/2008

85. [21st Annual Meeting of the Orthopaedic Oncology with international participation](#), Poseidon Resort Hotel , Loutraki , 26-28/09/2008
86. [64th Panhellenic Orthopaedic Congress](#), Hellenic Society of Orthopaedic Surgeons and Traumatology , Hotel Hilton, Athens, 8-11 /10/2008
87. [Seminar on Osteoporosis and Metabolic Bone Diseases](#), Grand Hotel, Thessaloniki, 18/10/2008
88. [4th Seminar of Upper Extremity Surgery with international participation](#), 1st and 2nd Orthopaedic Clinics of AUTH, 6-8/11/2008
89. [4th Seminar on «Advances in the Treatment of Osteoarthritis»](#), Hayat Regency Hotel , Thessaloniki 2-4/04/ 2009
90. [1st Symposium of Minimally Invasive Surgical Sechniques and Spinal Treatments](#), Hotel Byzantine, Arta , 4-5/04/2009
91. [Workshop on «Management of Osteoporotic Fractures and Tumors of Spine»](#),1st Symposium of Minimally Invasive Surgical Sechniques and Spinal Treatments , Arta , 4-5/04/2009
92. [11th Multithematic Congress, Orthopaedic and Traumatologic Surgery Society of Crete](#), Moevenpick Resort and Thalasso Crete , 1-3/05/2009
93. [3rd Panhellenic Spinal Congress](#), Hotel Divani Caravel Athens , 16-18/10/2009
94. [29th Annual Congress of Orthopaedic and Traumatology Association of Macedonia and Thrace](#) , Thraki Hotel Palace, Alexandroupoli , 7-10/04/2010
95. [Seminar on «National Public Health Policy and Administrative Reform-Kallikratis»](#), Ministry of Health and Social Solidarity Hall, 16/04/2010
96. [4th Panhellenic Spinal Congress](#) , Volos , 30/10/2010
97. [30th Annual Congress of Orthopaedic and Traumatology Association of Macedonia and Thrace](#) ,Hotel Porto Carras , Xalkidiki ,29/04-01/05/2011
98. [37th Annual Conference "N.Giannestras-P.Smyrnis"](#), Department of Spinal Disorders of the Hellenic Society of Orthopaedic Surgeons and Traumatology, Amphitheater OTE Academy , 9-10/06/2011

99. 68th Panhellenic Orthopaedic Congress , Hotel Divani Caravel , Athens 3-6/10/2012
100. 6th Panhellenic Spinal Congress , Hotel DuLac , Ioannina , 25-28/10/2012
101. 1st Seminar on «Laparoscopic - Thoracoscopic and Open Abdominal Surgery - Chest -Spinal - Hip and Plastic Surgery» Anatomy AUTH, 18-20/01/2013
102. 38th Annual Conference "N.Giannestras-P.Smyrnis", Department of Spinal Disorders of the Hellenic Society of Orthopaedic Surgeons and Traumatology, Volos, 6-8/12/2013

Brief Summary of Citations	
Full text Publications	Citations
Structural properties of the axis studied cadaveric specimens Clinical Orthopaedics and Related Research, 2004 Jan ;(418):134-40	11
The significance of rotation in fracture rotation of the articular pillar ...cadaveric study. Acta Orthop Scand Suppl. 1997 Oct; 275:17-20.	1
Percutaneous anterolateral balloon kyphoplasty for metastatic lytic lesions of the cervical spine. Eur Spine J. 2010 Nov;19(11):1948-52.	7
Management of traumatic sacral fractures: A retrospective case-series study and review of the literature. Injury. 2010 Mar;41(3):266-72.	6
Arterial complications following anterior lumbar interbody fusion: Report of eight cases. Eur Spine J. 2003 Feb;12(1):48-54	59
Spontaneous interbody fusion after controlled injuries to the spine: An experimental study in rabbits. Journal of Spinal Disorders. 2000 Feb; 13 (1): 31-35.	2
Old injuries of the lower cervical spine treated surgically. Journal of Spinal Disorders, 1995; (8): 509-515,	4
Total	91

Impact Factor			
Full text Publications			
Journal	Number of Publications	Journal's Impact Factor	Impact Factor
Clinical Orthopaedics and Related Research	1	2,79	2,79
Acta Orthop Scand	2	2,74	5,48
Eur Spine J	2	2,13	4,26
Injury	1	1,93	1,93
Journal of Spinal Disorders	2	1,77	3,54
Total Impact Factor			18
Note: When calculating the Impact Factor we used data from theThompson ISI Web of Knowledge 2013			

Δείκτης Hirsch – “H” Index
4

Δείκτης “M” - “M” Index
0,235