

CV IOANNIS POLYTHODORAKIS
NEUROSURGEON

Education

School of Health Sciences– Aristotle University of Thessalonica, Greece (1990)

Certification

Board of Neurosurgery Greece (1998)
Hospital Administration of Health Clinics – School of Social Sciences-Open University, Greece (2003)
Advanced Trauma Life Support (ATLS) Certificate (2005)
Minimally Invasive Neurosurgical Techniques Certificate (2005)

Professional Experience

Chief of 4th Neurosurgical Department Consultant Neurosurgeon, Henry Dunant Hospital Center, Greece (2017- present)
Scientific Director of Athens Brain & Spine Surgery (2011- present)
Consultant Neurosurgery, Spine Clinic, Hygeia Hospital, Greece (2012- present)
Chief of Neurosurgical Department, General Hospital Arta, Greece (2003-2010)
Staff of the Region Health Center of Santorini Greece (2001-2003)
Neurosurgical associate of the Craniofacial Surgical Division of the “Mitera Hospital” (1998-2000)

Duties and Responsibilities

President Member Board of Directors of World Spinal Column Society (April 2018- present)
Vice President Member Board of Directors of World Spinal Column Society (April 2016- 2018)
Treasurer Member Board of Directors of World Spinal Column Society (2014-2016)
Secretary Member Board of Directors of World Spinal Column Society (2012-2014)
Member of the scientific committee of World Spine 6, 2012, Indonesia 2012
Executive Member at the Board of Directors of World Spinal Column Society (2011)
Co -Ordinator, World Spinal Column Society Membership Committee (2010)
Co-Ordinator ,World Spinal Column Society/Mediterranean & Middle East Chapter(2010)
Chairman of the local organizing committee of World Spine V & World Spine 2010 Hands on Course
Chairman of the local organizing committee of World Spine V & World Spine 2010 Hands on Course
Course Director at the World Spine 2010 Hands on Course

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Co-Chairman of the scientific committee of World Spine V & World Spine 2010 Hands on Course
Local Director of the 1st Spine Review, Hands-On Cadaver Course 2008

Awards

Award for contribution as faculty to World Spine 8, Porto, Portugal (2018)
Award for contribution as Honored Quest Faculty, Karachi Spine, Pakistan, (2017)
Award for contribution to the World Spinal Column Society (WScS), Delhi, India (2016)
Award in appreciation of Distinguished Academic Contribution, World Spine 7, Delhi, India (2016)
Award for contribution as Honored Quest Faculty, Karachi Spine, Pakistan, (2013)
Award for contribution as Honored Quest Faculty, Karachi Spine, Pakistan, (2011)
Award for contribution to the World Spinal Column Society (WScS), Santorini (2010)

Editorial Boards

Editorial Reviewer, World of Neurosurgery, (2015-present)

Speaking Engagements

2018

Invited Lecturer Spine & Brain Conference Cadaver Course 2018, 7-9 September 2018, Belfast, UK

Invited Lecturer- ISMISS HOMBURG Minimally invasive spine workshop, September 6-8, 2018 Homburg- Saar, Germany

Teaching Faculty, Cleveland Spine Review Hands on Course, Cleveland Clinic Spine Institute, 10-17 July 2018, Ohio, USA

Teaching Faculty World Spine 8, World spine 8 Pre-meeting cadaver course, Lisbon, 2018

Invited Lecturer World Spine 8, World spine 8, Porto, 2018

2017

Invited Lecturer, Neurosurgical TV/ACNS, Online symposium, November 5, 2017

Invited Lecturer- Minimally Invasive Spine Surgery
Saar University Medical Center, August 31-September 1, 2017
Homburg- Saar, Germany

Teaching Faculty, Cleveland Spine Review Hands on Course, Cleveland Clinic Spine Institute, 10-17 July 2017, Ohio, USA

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Teaching Faculty, 2nd Coventry 2017 Spine Masters, Hands On Cadaver Course, 28-30 July, Coventry, UK
Invited Lecturer 8th Serbian Diaspora Medical Conference 21-23 June 2017, HRH Crown Princess Katherine, Belgrade, Serbia
Teaching Faculty, Karachi Spine 2017, Cervical Spine Operative Masters Course, Liaquat National Hospital and Medical College, Pakistan Society of Neurosurgeons, World Spinal Column Society, 10-12 February 2017, Karachi, Pakistan

2016

Invited Lecturer- Neuro- Endoscopy Week 2016 Homburg-Saar University Medical Center, September 19-23, 2016 Homburg- Saar, Germany
Invited Lecturer World Spine 7, April 15-17, New Delhi, India
Teaching Faculty, Cadaver Spine Workshop, 13-14 April 2016 New Delhi, India
Teaching Faculty, Cleveland Spine Review Hands on Course, Cleveland Clinic Spine Institute, 09-16 August 2016, Ohio, USA

2015

Invited Lecturer- 28th Annual Conference Pakistan Society of Neurosurgical, November 19-22, 2015, Pakistan
Invited Lecturer- Minimally Invasive Decompression for Lumbar Spinal Stenosis- Endoscopic Neuro and Spine Surgery, Homburg-Saar University Medical Center, September 14-18, 2015 Homburg- Saar, Germany
Teaching Faculty, Cleveland Spine Review Hands on Course, Cleveland Clinic Spine Institute, 10-17 July 2015, Ohio, USA
Teaching Faculty, AMAST II, Percutaneous Pedicle Screws Insertion and Minimally Invasive TLIF, March 4-5, 2015 Cairo, Egypt
Invited Lecturer- Epiduroscopy- AMAST II, Spine Infections and Tumors, March 4-5, 2015 Cairo, Egypt

2014

Invited Lecturer- Innovative MIS Spine Technics, 7th Congress of **Teaching Faculty**, Cleveland Spine Review Hands On Course, Cleveland Clinic Spine Institute, 10-14 July, Ohio, USA

Teaching Faculty, INCACIUM II, Indonesian Spine Review Cadaver Course, 23-25 June 2014, Bandung Padjajaran University, Indonesia

Invited Lecturer- Case Presentation: Cervical Myelopathy due to cervical Kyphotic Deformity in a patient with multiple sclerosis- 2014 Inspiration Meeting, 23-24 May, Dubrovnik, Croatia

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Invited Lecturer- Percutaneous Pedicle Screws – World Spine VI, May 4-6 2014, Montego Bay, Jamaica

Teaching Faculty- Cleveland Spine Review, 7-9 May 2014, Montego Bay, Jamaica

2013

Teaching Faculty, Karachi Spine 2013 , Liaquat National Hospital and Medical College, Pakistan Society of Neurosurgeons, World Spinal Column Society , 13-16 March 2013, Karachi, Pakistan

2012

Teaching Faculty, Cleveland Spine Review Hands On Course, Cleveland Clinic Spine Institute, 10-17 July, Ohio, USA

2011

Teaching Faculty Karachi Spine 2011, Liaquat National Hospital and Medical College, Pakistan Society of Neurosurgeons, World Spinal Column Society, 3-5 February 2011, Karachi, Pakistan

Teaching Faculty, Cleveland Spine Review Hands on Course, Cleveland Clinic Spine Institute, 13-19 July, Ohio, USA

2010

Lab Faculty Aegean Spine Review- Cadaver Course , Dokuz Eylul University, Anatomy Laboratories, World Spinal Column Society, 4-7 August, Izmir, Turkey

Invited Lecturer-«Surgical Exposure of the Cervicothoracic junction» Aegean Spine Review- Cadaver Course, Dokuz Eylul University, Anatomy Laboratories, World Spinal Column Society, 4-7 August, Izmir, Turkey

Lab Faculty στο Cleveland Spine Review Hands On Course, Cleveland Clinic Spine Institute, 7-13 July, Ohio, USA

2009

Lab Faculty, Cleveland Spine Review Hands On Course, Cleveland Clinic Spine Institute, 22-28 June, Ohio, USA

Invited Lecturer-«Cervical Spine Deformity» XIV World Neurosurgery Congress, 30 August- 4 September, Boston, USA

2008

Lab Faculty, 1st European Spine Review Hands On Course, Cleveland Clinic Spine Institute, 25 July– 1 August 2008, Conference Center Crete Maris Hotel, Crete, Greece

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Lab Faculty στο Aegean Spine Review –Cadaver Course, Izmir, Turkey

WORKSHOPS AND POSTGRADUATE SEMINARS

Addressing Endomyelotic Tumors of the Spinal Cord. Postgraduate lessons 2007-2008 organized by Hellenic Neurosurgical Society. Athens Greece.

Addressing endoparenchymal primary neoplasia of the brain (apart from gliomyomas/gliomas. Programme of postgraduate studies 2007-2008 of the Hellenic Neurosurgical Society. Athens Greece.

Course in 3D Ultrasound and Neuronavigation. Organized by the National Centre for 3D Ultrasound in Surgery. Norwegian University of Science and Technology (NTNU) and ST. Olavs University Hospital. Trondheim, Norway.

14th Seminar on Bioengineering and Biotechnology of the Spine. , Marousi, Athens, Greece.

2nd EANS (European Association of Neurological Societies) Course in Spinal Surgery. Organized by the European Association of Neurological Societies. (EANS). Opatija, Croatia.

SSE 6th Instructional Spine Course: Low Back Pain. Spine Society of Europe. Liberec, Czech Republic.

2007

SSE 5th Instructional Spine Course: Low Back Pain. Spine Society of Europe. Liberec, Czech Republic.

4th International Hydrocephalus Workshop. Organized by the Hellenic Neurosurgical Society and the Medical College of Virginia, VA Commonwealth University.

Organized by Professor R. Van Seventer, Osterhut, Holland.

Summer University 2007. Organized by i-gass and Medtronic. Rome Italy.

Minimally Invasive Spine Surgery. A pre-meeting course during **World Spine IV: The Fourth Interdisciplinary Congress on Spine Care.** Organized by the World Spine Society. Istanbul, Turkey.

2006

Neuromodulation for Pain, Movement Disorders and Stroke Rehabilitation – Luncheon Seminar, 56th Congress of Neurological Surgeons Annual Meeting. Chicago, Illinois. USA.

Traumatic Brain Injury: Lessons learned and Future Directions: Luncheon Seminar, 56th Congress of Neurological Surgeons Annual Meeting. Chicago, Illinois, USA.

Metastatic Spinal Disease: The Role of Surgery and Radiation Therapy. Luncheon Seminar, 56th Congress of Neurological Surgeons Annual Meeting. . Chicago, Illinois. USA.

12th Seminar on Bioengineering and Biotechnology of the Spinal Column. Organized by the 1st Orthopedic/Trauma Clinic of the University of Athens under the auspices of the Orthopedic

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Surgeons College and the Foundation for Medical and Biological Research of the Athens Academy. Athens, Greece

2005

SSE 4th Instructional Spine Course: Fractures and Destructive Diseases. Spine Society of Europe, Barcelona, Spain.

State-of-the-art management of brain metastases- Luncheon Seminar, 55th Congress of Neurological Surgeons Annual Meeting. . Boston, Massachusetts.

Surgical Treatment of Movement Disorders – Luncheon Seminar, 55th Congress of Neurological Surgeons Annual Meeting. Boston Massachusetts.

Cervical Spine Trauma and spinal cord injury: advances in medical and surgical management. Luncheon seminar. 55th Congress of Neurological Surgeons Annual Meeting. Boston Massachusetts.

2nd Postgraduate Seminar: “Spinal Cord Injury” Urinary Incontinence in women, Retraining of pyeloric area. Athens, Greece.

2001

3rd International Hydrocephalus Workshop. Organized by the Hellenic Neurosurgical Society and the Medical College of Virginia, VA Commonwealth University. Kos, Greece.

1996

Seminar with Postgraduate Lessons in Neurosurgery organized by the Neurosurgical clinic of EVAGGELISMOS Hospital in cooperation with the Hellenic Society for Neurosurgery. Athens, Greece.

1994

1st Postgraduate Lesson of the Hellenic Neurosurgical Society, phase 2 with the subject “Spinal Column and Spinal Cord”. Athens, Greece.

2008

Course in 3D Ultrasound and Neuronavigation-Hands On. Organized by the National Centre for 3D Ultrasound in Surgery, Norwegian University of Sciences and Technology (NTNU) and St. Olavs University Hospital. Trondheim, Norway.**XXIInd European Workshop on Microsurgery and Cerebral Revascularization.** Organized by the Department of Neurosurgery, Medical University of Vienna. Vienna, Austria.

Pre-congress cadaver workshop- 1st World Congress of Minimally Invasive Spinal Surgery and Techniques (WCMISSST). Hawaii, USA.

TransS1 Training Workshop & Live Observation Case. Leiden & Zwolle, The Netherlands.

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Neurosurgery Masters Update: Advances in Vascular and Skull Base Surgery. Organized by Saint Luis University School of Medicine Dubai, United Arab Emirates.

OsseoFix Cadaver Lab Training. Organized by the Department of Anatomy, Medical University of Vienna. Vienna, Austria.

2007

A 2-day Epiduroscopy Expert Meeting. Organized by Professor R. Van Seventer. Osterhut, Holland.

Surgical Practice- 33rd Annual Conference on the Spine. “N. Yiannestras – P. Smyrnis”. Organized by the Hellenic Society of Orthopedic and Trauma Surgeons: Division of Spinal Cord Diseases. Stiles, Mykonos, Greece.

Minimal Invasive & Maximal Benefit in Degenerative Lumbar Spine Course. Organized by the National Institute of Neurosurgery. Budapest, Hungary.

Egypt Spine Review- Hands-On 2007. Laboratory Sessions- Minimally Invasive Session. A World Spine Society Course. Organized by the World Spine Society, Cleveland Foundation and Clinic, Wisconsin University and Ain Shaims University and Cairo University Cairo Egypt.

European Association of Neurosurgical Societies Training Course in Spinal Surgery. Organized by the European Association of Neurological Societies (EANS. Opatija, Croatia.

2006

Cleveland Spine Review – Hands-On 2006. Organized by the Cleveland Clinic Spine Institute. Cleveland Ohio, USA.

EANS Research Course in Methodology of Research a Publication. Organized by the European Association of Neurological Surgeons (EANS). Robinson College, Cambridge, UK.

Operating in the Eloquent Cortex - Challenges in Anterior Spinal Access - Minimally Invasive Spinal Surgery: Nuances, Complication Avoidance and Management 56th Congress of Neurological Surgeons Annual Meeting. Chicago, Illinois, USA.

1st International Symposium-Advances in Spinal Surgery. Organized by the 1st Orthopedic/Traumatology Clinic of the University of Athens. Held at the Gaia Center of the Goulandris Museum of Natural History. Athens, Greece.

2005

Surgical Arthrodesis of the cervical spine - Minimally Invasive Lumbar Spine Surgery. 55th Congress of Neurological Surgeons Annual Meeting. Boston, Massachusetts. USA.

Aegean Spine Review – 2005 Cadaver Course. A World Spine Society Course. Organized by the World Spine Society, Cleveland Foundation and Ege University, Izmir, Turkey.

Advanced Trauma Life Support (ATLS) Student Course. Organized by the Greek division of the American College of Surgeons, The University of Ioannina and the Surgical Clinic of the University of Ioannina. Ioannina, Greece.

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2004

Current Issues & Techniques in Complex Lumbar Spine Surgery. Saint Luis University School of Medicine. Practical Anatomy & Surgical Education. . Saint Louis Missouri, USA.

Vesalius Course: Facial Palsy. Department of Plastic Surgery, ENT, Neurosurgery and Neurology of the Cliniques Universitaires Saint Luc, Catholic University of Louvain. Brussels, Belgium.

2003

“Key-Hole Concept in Neurosurgery”- Minimally invasive Neurosurgical Techniques Certificate. Symposium on Endoscope assisted Key-Hole Neurosurgery with practical training. University of Mainz and the Neurosurgical Clinic of the Aristotle University of Thessalonica, Thessalonica Greece.

INTERNATIONAL CONFERENCES

2010

26th Annual Meeting of the European Section of the Cervical Spine Research Society, organised by the Cervical Spine Research Society. Corfu, Greece

2009

Aospine Course - Advances in the treatment of Spinal Deformities. Organised by AOSPINE, Thessaloniki Greece.

XIV World Congress of Neurological Surgery. Sponsored by AANS and WFNS. Boston USA.

3rd International Symposium "Advances in Spinal Surgery" Lumbar Degenerative Disc Disease Course with Cadaveric Workshop. Organised by the University of Ioannina School of Medicine, Dpt of Orthopedic Surgery & Traumatology, Dpt of Anatomy, Histology & Embryology and the National and Capodistrian University of Athens, 1st Dpt of Orthopedic Surgery. Ioannina, Greece

59th Annual Meeting of the Congress of Neurological Surgeons. Organised by the Congress of Neurological Surgeons. New Orleans, USA

2008

European Association of Neurological Surgeons (EANS) Winter Meeting. Annual Winter Conference of the European Association of Neurological Surgeons. Organized by EANS. Trodheim, Norway.

AOSpine Masters Course for Central Europe. Organized by the AOSpine Europe Thessalonica Greece.

Spineweek 2008. Organized by the European Spine Society. North American Spine Society, Swiss Spine Society of Orthopedics and Traumatology. Geneva, Switzerland.

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1st World Congress of Minimally Invasive Spinal Surgery and Techniques. (WCMISST). Hawaii, USA.

1st European Spine Review – Hands-on Cadaver Course 2008. Didactic Sessions. Organized by the Cleveland Foundation and Clinic and the University of Crete Heraklion, Crete, Greece.

TranS1 Training Workshop & Live Observation Case. Organised by International TranS1, Inc. Leiden & Zwolle, The Netherlands

2007

8th Congress of the European Skull Base Society. Organized by the European Skull Base Society. Prague, Czech Republic.

World Spine IV: The Fourth Interdisciplinary Congress on Spine Care. Organized by the World Spine Society Istanbul Turkey.

Egypt Spine Review – Hands-On 2007. Didactic Sessions. A World Spine Society Course. Organized by the World Spine Society, the Cleveland Foundation and Clinic, Wisconsin University and Ain Shaims University and Cairo University.

Organized by the Spine Society of Europe. Brussels, Belgium.

4th International Hydrocephalus Workshop. Organised by the Hellenic Neurosurgical Society. Rhodes, Greece.

2006

EANS Winter meeting - Annual winter meeting Conference of the European Association of Neurosurgery. Organized by the European Association of Neurological Surgeons. Luxemburg, Luxemburg.

56th Congress of Neurological Surgeons Annual Meeting. 56th Annual Neurosurgery Conference of the USA Chicago, Illinois, USA.

1st International Symposium – Advances in Spinal Surgery. Organized by the 1st Orthopedic/Traumatology Clinic of the University of Athens. Gaia Center of the Goulandris Natural History Museum. Athens, Greece.

CNS Annual Meeting. Organised by the Congress of Neurological Surgeons. 40.5 credits (hours) were awarded. Chicago, Illinois.

2005

Eurospine BCN 2005. European Conference on the Spine. Organized by the Spine Society of Europe. Barcelona, Spain.

55th Congress of Neurological Surgeons Annual Meeting. (55th Annual Neurosurgery Conference of the USA). Boston, Massachusetts. USA.

Aegean Spine Review- 2005 Symposium, A World Spine Society Course. Organized by the World Spine Society. Cleveland Foundation and Ege University. Izmir, Turkey.

Symposium of Neuro-oncology with International participation. Organized by the Neurosurgical clinic of the General Hospital of Athens, “KORGIALENEIO-BENAKEIO” (The Hellenic Red Cross Hospital). Athens, Greece.

2nd European Clinical Symposium Bone Healing and Tissue Regeneration. Organized by the 1st Orthopedic and Traumatology Clinic of the University of Athens. Kostis Palamas Hall. Athens, Greece.

2003

Key-Hole Concept in Neurosurgery – Symposium on Endoscope assisted Key-Hole Neurosurgery with practical training. University of Mainz and the Neurosurgical Clinic of the Aristotle University of Thessalonica. Thessalonica Greece.

2001

7th Mediterranean Epilepsy Conference, Athens, Greece

SELECTIVE PUBLICATIONS

“Primary Malignant Schwannoma involving simultaneously the right Gasserian ganglion and the distal part of the right mandibular nerve. Case Report”

S. Tegos, G. Georgouli, Ch. Gogos, J. Polythodorakis, V. Sanidas, C. Mavrogiorgos.

From the Department of Neurosurgery, Army Veteran Administration Hospital (NIMTS), Athens, Greece.

JOURNAL OF NEUROSURGICAL SCIENCES, Vol. 41 – No. 3 – pp. 293 to 297 (September 1997)

INTERNATIONAL PRESENTATIONS

2010

1) How minimal must we be

Stefanos D. Pichas M.D, Christos Katsiafas M.D, Avgeris P. M.D, Ioannis Polythodorakis M.D.

2nd World Congress of Minimal invasive spine Surgery and Techniques
Las Vegas, NV, U.S.A, 31/5- 4/6/2010

2) MISS and Small sample statistics

Stefanos D. Pichas M.D, Christos Katsiafas M.D, Avgeris P. M.D, Ioannis Polythodorakis M.D.

2nd World Congress of Minimal invasive spine Surgery and Techniques
Las Vegas, NV, U.S.A, 31/5- 4/6/2010

3) Our experience with 100 lvls of Kyphoplasty

Stefanos D. Pichas M.D, Christos Katsiafas M.D, Avgeris P. M.D, Ioannis Polythodorakis M.D.

2nd World Congress of Minimal invasive spine Surgery and Techniques

Las Vegas, NV, U.S.A, 31/5- 4/6/2010

4) MISS results assessment – Which Disability scale to use=Disability scales in Lumbar disease

Stefanos D. Pichas M.D, Christos Katsiafas M.D, Avgeris P. M.D, Ioannis Polythodorakis M.D.

2nd World Congress of Minimal invasive spine Surgery and Techniques
Las Vegas, NV, U.S.A, 31/5- 4/6/2010

5)Our experience with Nucleoplasty - Results and indications

Stefanos D. Pichas M.D, Christos Katsiafas M.D, Avgeris P. M.D, Ioannis Polythodorakis M.D.

2nd World Congress of Minimal invasive spine Surgery and Techniques
Las Vegas, NV, U.S.A, 31/5- 4/6/2010

6)Vertebral height restoration in Kyphoplasty - Balloon or Titanium Mesh

Stefanos D. Pichas M.D, Christos Katsiafas M.D, Avgeris P. M.D, Ioannis Polythodorakis M.D.

2nd World Congress of Minimal invasive spine Surgery and Techniques
Las Vegas, NV, U.S.A, 31/5- 4/6/2010

7)Restoring Sagittal Balance in MISS

Stefanos D. Pichas M.D, Christos Katsiafas M.D, Avgeris P. M.D, Ioannis Polythodorakis M.D.

2nd World Congress of Minimal invasive spine Surgery and Techniques
Las Vegas, NV, U.S.A, 31/5- 4/6/2010

8)Minimal vs Standard Posterior Lumbar Fusion- A multivariable analysis

Stefanos D. Pichas M.D, Christos Katsiafas M.D, Avgeris P. M.D, Ioannis Polythodorakis M.D.

2nd World Congress of Minimal invasive spine Surgery and Techniques
Las Vegas, NV, U.S.A, 31/5- 4/6/2010

9)Titanium Mesh vs Balloon KYPHOPLASTY

Stefanos D. Pichas M.D, Christos Katsiafas M.D, Avgeris P. M.D, Ioannis Polythodorakis M.D.

World Spine V ,Santorini, Greece, 7-9 May 2010

10)Small sample statistics – The perfect way to go wrong My experience with Nucleoplasty – 2 case reports

Stefanos D. Pichas M.D, Christos Katsiafas M.D, Avgeris P. M.D, Ioannis Polythodorakis M.D.

World Spine V, Santorini, Greece, 7-9 May 2010

11)The incidence of severe thoracocervical trauma leaving the E.R undiagnosed

Stefanos D. Pichas M.D, Christos Katsiafas M.D, Avgeris P. M.D, Ioannis Polythodorakis M.D.

World Spine V, Santorini, Greece, 7-9 May 2010

12) KYPHOPLASTY FOR THE TREATMENT OF OSTEOPOROTIC FRACTURES

Stefanos D. Pichas M.D, Christos Katsiafas M.D, Avgeris P. M.D, Ioannis Polythodorakis M.D.

World Spine V, Santorini, Greece, 7-9 May 2010

13) Posterior Lumbar Fusion- Minimal vs Standard

Stefanos D. Pichas M.D, Christos Katsiafas M.D, Avgeris P. M.D, Ioannis Polythodorakis M.D.

World Spine V, Santorini, Greece, 7-9 May 2010

14) The importance of ADHESIOLYSIS during Epiduroscopy

Stefanos D. Pichas M.D, Christos Katsiafas M.D, Avgeris P. M.D, Ioannis Polythodorakis M.D.

World Spine V, Santorini, Greece, 7-9 May 2010

15) EPIDUROSCOPY – A promising Low back pain alternative treatment

Stefanos D. Pichas M.D, Christos Katsiafas M.D, Avgeris P. M.D, Ioannis Polythodorakis M.D.

World Spine V, Santorini, Greece, 7-9 May 2010

16) PERIOPERATIVE ANALGESIA IN FUSION PROCEDURES

Stefanos D. Pichas M.D, Christos Katsiafas M.D, Avgeris P. M.D, Ioannis Polythodorakis M.D.

World Spine V, Santorini, Greece, 7-9 May 2010

17) MEASURING DISABILITY – ODI or RMDQ

Stefanos D. Pichas M.D, Christos Katsiafas M.D, Avgeris P. M.D, Ioannis Polythodorakis M.D.

World Spine V, Santorini, Greece, 7-9 May 2010

18) The impact of achieving Sagittal Balance in spine surgery results

Stefanos D. Pichas M.D, Christos Katsiafas M.D, Avgeris P. M.D, Ioannis Polythodorakis M.D.

World Spine V, Santorini, Greece, 7-9 May 2010

19) Osteoporotic Fractures treatment with Kyphoplasty

Stefanos D. Pichas M.D, Christos Katsiafas M.D, Avgeris P. M.D, Ioannis Polythodorakis M.D.

World Spine V, Santorini, Greece, 7-9 May 2010

2008

20) Endoscopic lysis of adhesions and targeted epidural injection of steroids/ local anaesthetic/adhesiolytic agents during Epiduroscopy in patients with degenerative disease of the Lumbar Spine

Ioannis Polythodorakis, et al

1st World Congress of Minimally Invasive Spinal Surgery and Techniques. (WCMISST). Hawaii 2008, USA.

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21) Percutaneous Fusion for the treatment of Spine Instability: First Greek Experience.

Ioannis Polythodorakis, et al

1st World Congress of Minimally Invasive Spinal Surgery and Techniques. (WCMISSST). Hawaii 2008, USA

22) Percutaneous Decompression of Contained Disc for the treatment of axial and leg pain.

Ioannis Polythodorakis, et al

1st World Congress of Minimally Invasive Spinal Surgery and Techniques. (WCMISSST). Hawaii 2008, USA

23) Intraoperative Formation of epidural fluid collection during a balloon kyphoplasty procedure: complication in case of co-existing discitis?

Ioannis Polythodorakis, et al

1st World Congress of Minimally Invasive Spinal Surgery and Techniques. (WCMISSST). Hawaii 2008, USA

24) Vertebral abcess treatment with a combination of percutaneous aspiration, balloon kyphoplasty, vertebral body reconstruction and fusion

Ioannis Polythodorakis, et al

1st World Congress of Minimally Invasive Spinal Surgery and Techniques. (WCMISSST). Hawaii 2008, USA.

NATIONAL CONFERENCES

2011

25rd Pan-Hellenic Neurosurgery Conference. Organized by the Hellenic Neurosurgical Society. It must be noted that this conference awarded credits toward (CME credit hours) Continuing Medical Education according to the criteria established by the EACCME-UEMS. Athens. Greece

5rd Pan-Hellenic Conference on the Spine. Organized by the Hellenic Spine Society. Pafos, Cyprus

2010

4th Symposium on Emergency Medicine - Addressing Infections. Organized by the Intensive Care Unit of the General Hospital of Arta under the auspices of the Hellenic Society for Intensive Care, Hellenic Trauma Society, Medical Society of Arta and the Medical Association of Arta. It must be noted that this conference awarded **12 credits (CME credit hours) Continuing Medical Education** according to the criteria established by the EACCME-UEMS. Arta, Greece.

4rd Pan-Hellenic Conference on the Spine. Organized by the Hellenic Spine Society. Volos, Greece

2009

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23rd Pan-Hellenic Neurosurgery Conference. Organized by the Hellenic Neurosurgical Society. It must be noted that this conference awarded credits toward (CME credit hours) Continuing Medical Education according to the criteria established by the EACCME-UEMS. Athens. Greece.

3rd Pan-Hellenic Conference on the Spine. Organized by the Hellenic Spine Society. It must be noted that this conference awarded the participant **16 credits (CME credit hours) Continuing Medical Education** according to the criteria established by the EACCME-UEMS. Athens, Greece.

1st Symposium of Minimally Invasive Spine Surgical Techniques and Treatments. Organized by the Arta General Hospital Neurosurgery Clinic. It must be noted that this conference awarded **12 credits (CME credit hours) Continuing Medical Education** according to the criteria established by the EACCME-UEMS. Arta, Greece

2008

3rd Symposium on Emergency Medicine – Addressing multiple injuries and the safe transfer of the critically injured. Organized by the Intensive Care Unit of the General Hospital of Arta under the auspices of the Hellenic Society for Intensive Care, Hellenic Trauma Society, Medical Society of Arta and the Medical Association of Arta. It must be noted that this conference awarded **11 credits (CME credit hours) Continuing Medical Education** according to the criteria established by the EACCME-UEMS. Arta, Greece.

2nd Pan-Hellenic Conference on the Spine. Degenerative Disease of the Spine. Organized by the Hellenic Spine Society. It must be noted that this conference awarded the participant **15 credits (CME credit hours) Continuing Medical Education** according to the criteria established by the EACCME-UEMS. Cassandra, Halkidikis, Greece.

22nd Pan-Hellenic Neurosurgery Conference. Organized by the Hellenic Neurosurgical Society. It must be noted that this conference awarded credits toward (CME credit hours) Continuing Medical Education according to the criteria established by the EACCME-UEMS. Athens. Greece.

2007

21st Pan-Hellenic Neurosurgery Conference. Organized by the Hellenic Neurosurgical Society. It must be noted that this conference awarded **9 credits (CME credit hours) Continuing Medical Education** according to the criteria established by the EACCME-UEMS. Rhodes, Greece.

33rd Annual Conference on the Spine, “N. Yiannestras- P. Smyrnis”. Organized by the Hellenic Society of Orthopedic Surgery and Traumatology. Division of Spinal Disorders. Mykonos, Greece.

Modern Dimensions – Developments and Prospects in the Handling of the Spine. Organized by the Orthopedic Clinic of the General Hospital of Edessa under the auspices of the Medical Association of Pellas. Edessa. Greece.

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1st Pan-Hellenic Conference on the Spine. Organized by the Hellenic Spine Society. Athens, Greece

9th Pan-Hellenic Conference on regional Anesthesia, pain therapy and palliative care. It must be noted that the conference awarded **15 credits (CME credit hours) Continuing Medical Education.** According to the criteria established by the EACCME-UEMS. Ioannina, Greece.

11th Pan-Hellenic Conference on Intensive Care. Organized by the Hellenic Society of Intensive Care. It must be noted that this conference awarded **23 credits (CME credit hours) Continuing Medical Education** according to the criteria established by the EACCME-UEMS. Athens, Greece

2006

Primary Health Care Network and Social Unity in the Community. Organized by Health Department of the Prefecture of Epirus. This conference was under the auspices of the Honorable President of the Greek Democracy, Mr. Karolos Papoulias. Asprageloi, Ionnina, Greece.

32nd Annual Pan-Hellenic Medical Conference. Organized by the Pan-Hellenic Medical Society. It must be noted that this conference awarded **27 credits (CME credit hours) Continuing Medical Education** according to the criteria of the EACCME-UEMS. Athens, Greece.

32nd Annual Conference on the Spine “N. Yiannestras – P. Smyrnis”. Organized by the Hellenic Society of Orthopedic Surgery and Traumatology. Division of Spinal Disorders. Loutra Killinis, Greece.

20th Pan-Hellenic Neurosurgery Conference. Organized by the Hellenic Neurosurgical Society. It must be noted that this conference awarded **18 credits (CME credit hours) Continuing Medical Education** according to the criteria established by the EACCME-UEMS. Halkidiki, Greece.

2nd Symposium on Emergency Medicine- Dealing with patient’s whose lives are in grave danger. Organized by the Intensive Care Unit of the General Hospital of Arta and the Intensive Care Unit of the University Hospital of Ioannina under the auspices of the Hellenic Society of Intensive Care Medicine, the Medical Society of Arta as well as the Medical Association of Arta.

2005

19th Pan-Hellenic Neurosurgery Conference. Organized by the Hellenic Neurosurgical Society. Athens, Greece.

16th Pan-Hellenic Conference on Anesthesiology. Organized by the Hellenic Society for Anesthesiology. Mykonos, Greece.

61st Pan-Hellenic Orthopedics Conference. Organized by the Hellenic Society for Orthopedic Surgery and Traumatology with participation of the British Trauma Society. Athens, Greece.

31st Annual Conference on the Spine “N. Yiannestras – P. Smyrnis”. Organized by the Hellenic Society of Orthopedic Surgery and Traumatology. Division of Spinal Disorders. Chania, Crete, Greece.

Osteoporosis – Latest Developments. Organized by the Orthopedic/Traumatology Clinic of the University of Crete. Athens, Greece.

6th Pan-Hellenic Pain Conference. Organized by the Hellenic Society for the Study of Pain. Chania, Crete, Greece.

21st Armed Forces Medical Conference. Organized by the Hellenic Army General Staff; Division of Health Protection. This conference awarded **27 credits (CME credit hours) Continuing Medical Education** according to the criteria established by the EACCME-UEMS. Thessalonica, Greece.

2004

18th Pan-Hellenic Neurosurgery Conference. Organized by the Hellenic Neurosurgical Society with the official participation of the Hellenic Society for Anesthesiology and the Society for Intensive Care. Patras, Greece.

2001

15th Pan-Hellenic Neurosurgery Conference. Organized by the Hellenic Neurosurgical Society. Kos, Greece.

1998

12th Pan-Hellenic Neurosurgery Conference. Organized by the Hellenic Neurosurgical Society. Delphi, Greece.

1997

11th Pan-Hellenic Neurosurgery Conference. Organized by the Hellenic Neurosurgical Society. Athens, Greece.

27th Annual Conference on the Spine”N. Yiannestras – P. Smyrnis”. Organized by Hellenic Society of Orthopedic and Trauma Surgery: Division of Spinal column Disorders with the official participation of the Israel Spine Society and the Hellenic Society of Neurosurgery. Athens, Greece.

1995

9th Pan-Hellenic Neurosurgery Conference. Organized by the Hellenic Neurosurgical Society. Thessalonica, Greece.

**CV IOANNIS POLYTHODORAKIS
NEUROSURGEON**

23rd Annual Pan-Hellenic Medical Conference. Organized by the Pan-Hellenic Medical Society. Athens, Greece.

1994

15th Armed Forces Medical Conference. Organized by the Hellenic Army General Staff. Thessalonica Greece.

1993

7TH Pan-Hellenic Neurosurgery Conference. Organized by the Hellenic Neurosurgical Society. Athens, Greece.

9th Neurosurgery Conference. Organized by the Hellenic Neurosurgical Society. Athens, Greece.

1992

14th Armed Forces Medical Conference. Organized by the Hellenic Army General Staff. Athens, Greece.

MEMBERSHIPS IN GREEK SCIENTIFIC SOCIETIES

- Member of the Athens Medical Society, 2010 till now
- Member of the Hellenic Spine Society since 2007.
- Member of the Hellenic Society of Algology since 2006.
- Member of the Hellenic of Neurosurgical Society since 2005.
- Member of the Arta Medical Association 2003-2010.
- Member of the Arta Medical Society 2003-2010.
- Member of the Cycladic Medical Society, 2001-2003.
- Member of the Athens Medical Society, 1991- 2001.

MEMBERSHIPS IN INTERNATIONAL SCIENTIFIC SOCIETIES

- **Member of AO-Spine International**, since 2005.
- **Individual Member of the European Association of Neurological Societies**, EANS, since 2006.
- **Member of the International Neuromodulation Society**, since 2006.
- **Member of General Medical Council of Great Britain.**
- **Active International Member of the Congress of Neurological Surgeons, CNS**, since 2006.
- **International Member of the American Association Neurological Surgeons (AANS)**
- **Active International Member of the World Spine Society**, 2008 and until the withdrawal of the Societies Title.
- **Member of the Spinal Arthroplasty Society**, 2008-2009.
- **Silver Member** of AOSpine Europe.
- **Full Member of the World Spinal Column Society (WScS)**